Week One of Advent

Swipe for daily challenges, Bible snippets, and themes

DAY 1

Daily invitation, 11/29

Adults: Read Sunday's Gospel, Mark 13:33-37, and reflect on one word that stood out to you.

Children: Come up with at least one question about the Gospel from Sunday Mass and ask it to your parents.

> *Jesus said to his disciples:*
> *"Be watchful! Be alert!*
> *You do not know when the time will come.*
>
> *An excerpt from today's Gospel, Mark 13:33-37*

DAY 2

Daily invitation, 11/30

Adults: Pray the first decade of the Joyful Mysteries, the Annunciation, and offer it up for someone in your life who doesn't practice the faith.

Children: Pray the first decade of the Joyful Mysteries, the Annunciation.

> *But how can they call on him in whom they have not believed?*
> *And how can they believe in him of whom they have not heard?*
> *And how can they hear without someone to preach?*
> *And how can people preach unless they are sent?*

An excerpt from today's reading, Romans 10:9-18

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DAY 3

Daily invitation, 12/1

Adults: Donate toys. An option could be to donate toys to a St. Vincent de Paul thrift store.

Children: Pick a toy or two that you don't use much and ask your parents if you can donate it to charity.

> *Jesus rejoiced in the Holy Spirit and said,*
> *"I give you praise, Father, Lord of heaven and earth,*
> *for although you have hidden these things*
> *from the wise and the learned*
> *you have revealed them to the childlike."*
>
> *An excerpt from today's Gospel, Luke 10:21-24*

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DAY 4

Daily invitation, 12/2

Adults: Research volunteer opportunities where you can serve the hungry this Advent, or donate food or finances to a food pantry. One option is Catholic Charities food pantry.

Children: Ask your family to help you collect three cans of food to share with people who are hungry.

> *He ordered the crowd to sit down on the ground.*
> *Then he took the seven loaves and the fish,*
> *gave thanks, broke the loaves,*
> *and gave them to the disciples, who in turn gave them to the crowds.*
> *They all ate and were satisfied.*
> *They picked up the fragments left over–seven baskets full.*
>
> *An excerpt from today's Gospel, Matthew 15:29-37*

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DAY

5

Daily invitation, 12/3

Adults: Pray the first decade of the luminous mystery of the rosary.

Children: Pray the first decade of the Luminous Mysteries. Think about how Jesus was also baptized in his lifetime!

Theme:
In preparation for this Sunday's Gospel, Mark 1:1-8, the invitation is to pray the first decade of the Luminous Mysteries, which is The Baptism of Jesus in the Jordan, where the heavens are opened and God declares Jesus as his beloved son.

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DAY

6

Daily invitation, 12/4

Adults: Give something up this Friday, whether it's meat, social media, TV, sweets, or another delight you typically enjoy daily, and offer it up for someone who needs healing.

Children: Skip one special treat this Friday and say a prayer for someone who is sick.

Theme:
As we prepare for the coming of Jesus this Christmas, let us enter into this traditionally penitential season of Advent by denying ourselves a created good, making room in our hearts for the spiritual good of Jesus Christ.

DAY

7

Daily invitation, 12/5

Adults: Get involved in the community: volunteer, donate clothes or old items, or make a charitable donation to an organization with a focus on serving the poor.

Children: If you have old clothes you don't wear anymore, ask your parents if you can donate them.

> *Go to the lost sheep of the house of Israel.*
> *As you go, make this proclamation: 'The Kingdom of heaven is at hand.'*
> *Cure the sick, raise the dead,*
> *cleanse lepers, drive out demons.*
> *Without cost you have received; without cost you are to give.*

An excerpt from today's Gospel, Matthew 10:6-8

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