

Diocese of Des Moines Confirmation Monthly Program Structure Overview

Month One: Parent/Confirmandi meeting Session Objective: The baptized candidate and parents register through the church for the Confirmation Program realizing that as a baptized child of God they are called to be Confirmed with the Holy Spirit to complete the Initiation to the Catholic Church. Foundational Connection: Catechism of the Catholic Church: 1267 Scripture: 1 Cor 12: 12-14	Month Two: Identity Session Objective: The baptized candidate and their family through their baptismal identity will rediscover they are strengthened by God because they are a loved child of His, the Church, and all of God's creation. Foundational Connection: Catechism of the Catholic Church: 1691 & 1700 Scripture: Isaiah 43:1 & John 1: 35-51	Month Three: Belonging Session Objective: The baptized candidate and their family discover belonging is expressed through service within the church and community by actively living out the Works of Mercy. Foundational Connection: Catechism of the Catholic Church: 2447 Scripture: Matthew 25: 35-40
Month Four: Encounter with Jesus Session Objective: The baptized candidate and their family will recognize Jesus' presence in Scripture, Eucharist, daily life and community through the Paschal Mystery. Foundational Connection: Catechism of the Catholic Church: 426 Scripture: Luke 24: 13-35	Month Five: Encounter with Scripture Session Objective: The baptized candidate and their family will discover the richness of praying with scripture outside of the Holy Mass. Foundational Connection: Catechism of the Catholic Church: 683 Scripture: Acts 2: 1-13	Month Six: Encounter with the Holy Spirit Session Objective: The baptized candidate and their family embrace the Holy Spirit dwelling within them as a living presence to walk with them in life. Foundational Connection: Catechism of the Catholic Church: 1830-1832 Scripture: Galatians 5: 22-23
Month Seven: Retreat Session Objective: The baptized candidate will attend a retreat to have the opportunity to encounter Jesus deeply and personally through silence, adoration and reflection during their Confirmation preparations. Foundational Connection: Catechism of the Catholic Church: 1309 Scripture: Mark 9: 2-8A	Month Eight: Called to Mission Session Objective: The baptized candidate and their family focus on making Works of Mercy part of their lives by giving to others through family service activities in their parish and community. Foundational Connection: Catechism of the Catholic Church: 1303 Scripture: Matthew 28: 19-20	Month Nine: Life in the Spirit Session Objective: The baptized candidate and their family understand through the sacramental graces of Confirmation they are transformed into missionary disciples for Christ. Foundational Connection: Catechism of the Catholic Church: 2472 Scripture: James 1: 22

Month Ten: Disciples at Home and at Parish <i>Session Objective:</i> The baptized candidate and their family find ways to live as disciples of Christ in their home, the parish and daily life. Foundational Connection: Catechism of the Catholic Church: 1285 Scripture: John 20: 22-23	Month Eleven: Confirmation Session Objective: The baptized candidate is ready and prepared to complete the Initiation into the Church through the receiving of the Sacrament of Confirmation. Foundational Connection: Catechism of the Catholic Church: 1316 Scripture: Acts 1: 8	
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