

Eleven-Month Objectives Aligned with Diocese of Des Moines Approved Publisher Confirmation Programs/Curriculums:

The following aligns the approved Confirmation Programs chapter/lesson/session/videos with the Confirmation Objective to allow parishes to use the publisher programs to deliver the Diocese of Des Moines monthly session objectives.

	Augustine Institute: Signs of Grace: You are Sent (5th & 6th Grade Specific)	R.E.A.L. Formation: Belong & Believe (Geared for Multicultural Parishes)	Pflaum: Gifted With the Spirit	Video Platform: Formed (Parents)	Video Platform: Real+True (Parents)
	<i>Chapter, Lesson or Session Aligned with Diocese of Des Moines Monthly Session Objective</i>	<i>Chapter, Lesson or Session Aligned with Diocese of Des Moines Monthly Session Objective</i>	<i>Chapter, Lesson or Session Aligned with Diocese of Des Moines Monthly Session Objective</i>	<i>Video titles and links on Formed aligned with Diocese of Des Moines Monthly Session Objective</i>	<i>Video titles and links on Real+True aligned with Diocese of Des Moines Monthly Session Objective</i>
Month One: Preparations Session Objective: The baptized candidate and parents register through the church for the Confirmation Program realizing that as a baptized child of God they are called to be Confirmed with the Holy Spirit to complete the Initiation to the Catholic Church. Foundational Connection: Catechism of the Catholic Church: 1267 Scripture: 1 Cor 12: 12-14	Parent Session 1: Overview of your parish sacramental process (<i>parent sessions found in the back of student activity book</i>)	Supplemental Material on the App	Lesson 1: Called by the Holy Spirit	<u>Reborn: Nurturing the Life of Grace</u> Connects Baptism to lifelong identity in Christ 25 minutes	<u>Is Confirmation a graduation from our faith? - Real+True</u>

Month Two: Identity Session Objective: The baptized candidate and their family through their baptismal identity will rediscover they are strengthened by God because they are a loved child of His, the church, and all of God creation. Foundational Connection: Catechism of the Catholic Church: 1691 & 1700 Scripture: Isaiah 43:1 & John 1: 35-51	Family Session: Supplemental Session on Sacraments and your child's Baptism Family Session: <i>Signs of Grace Session 3 "The Sacrament of Confirmation"</i> (continues in month 3)	Session 1: Community-You Are Not Alone Session 3: Dignity & Purpose- Worthy Session 10: The REAL You	Lesson 1: Called by the Holy Spirit (continued)	<u>Reborn: Entering the Mystery</u> Helps parents recall their child's baptismal calling 25 minutes	What is Baptism? <u>What is Baptism? - Real+True</u>
Month Three: Belonging Session Objective: The baptized candidate and their family discover belonging is expressed through service within the church and community by actively living out the Works of Mercy. Foundational Connection: Catechism of the Catholic Church: 2447 Scripture: Matthew 25: 35-40	Family Session: <i>Signs of Grace Session 3 "The Sacrament of Confirmation"</i> (continued)	Session 8: Origin is Your Family Session 9: Siblings, Wombmates	Lesson 2: Accepting God's Call	<u>Call to Family, Community, and Participation</u> We are called to live in community 4 minutes	<u>The Desire of the Human Heart</u>

Month Four: Encounter with Jesus Session Objective: The baptized candidate and their family will recognize Jesus' presence in Scripture, Eucharist, daily life and community through the Paschal Mystery. Foundational Connection: Catechism of the Catholic Church: 426 Scripture: Luke 24: 13-35	Parent Session 2: The grace of Pentecost (<i>parent sessions found in the back of student activity book</i>)	Session 5: Who Do You Say That I Am Session 14: Jesus Christ Session 15: Conceived by the Holy Spirit... Session 16: Suffered Under Pontious... Session 17: Descended Into Hell Session 18: Ascended Session 19: Come Again In Glory	Lesson 3: Building a Friendship with God	<u>Presence: God is with us</u> Encountering Jesus in the Sacrament of Eucharist 35 minutes <u>The Road to Emmaus</u> The story of Jesus' encounter with the disciples 3 minutes	<u>Meeting Jesus in Prayer: Guided by the Holy Spirit and the Church - Real+True</u> <u>God's Invitation to a Deeper Relationship Through Prayer - Real+True</u> <u>https://www.realtrue.org/videos/how-to-experience-a-deep-personal-relationship-with-god-through-prayer/</u>
Month Five: Encounter with Scripture Session Objective: The baptized candidate and their family will discover the richness of praying with scripture outside of the Holy Mass. Foundational Connection: Catechism of the Catholic Church: 683 Scripture: Acts 2: 1-13		Supplemental Session with another platform (Bible focused) Use the Bible	Supplemental Session with another platform (Bible focused) Use the Bible	<u>What Catholics Believe about Scripture</u> A session answering some of the most popular questions about Sacred Scripture 8 minutes	<u>The Big 3: Scripture, Tradition, and the Magisterium - Real+True</u> <u>Is it possible to live the beatitudes in real life? - Real+True</u> <u>The Ten Commandments: God's Law of Love - Real+True</u>

Month Six: Encounter with the Holy Spirit Session Objective: The baptized candidate and their family embrace the Holy Spirit dwelling within them as a living presence to walk with them in life. Foundational Connection: Catechism of the Catholic Church: 1830-1832 Scripture: Galatians 5: 22-23	Family Session: <i>Signs of Grace</i> Session 2 “The Gifts & Fruits of the Holy Spirit”	Session 20: I Believe in the Holy Spirit	Lesson 4: Recognizing the Holy Spirit	<u>The Wild Goose: God’s Love Poured Out</u> Introduction to the Holy Spirit 23 Minutes <u>The Wild Goose: Gifts of the Holy Spirit</u> The greatest gift of the Holy Spirit is the Holy Spirit. The living God gives the gift of himself to those who are baptized. 27 minutes	<u>What does the Catechism say about the Holy Spirit? - Real+True</u> <u>What does is mean to be transformed by the Holy Spirit? - Real+True</u>
Month Seven: Retreat Session Objective: The baptized candidate will attend a retreat to have the opportunity to encounter Jesus deeply and personally through silence, adoration and reflection during their Confirmation preparations. Foundational Connection: Catechism of the Catholic Church: 1309 Scripture: Mark 9: 2-8	Parent Session 3: The Rite of Confirmation (<i>parent sessions found in the back of student activity book</i>) Use Retreat Guide	Use Retreat Guide	Use Retreat Guide		<u>How silence can change your life - Real+True</u>

Month Eight: Called to Mission Session Objective: The baptized candidate and their family focus on making Works of Mercy part of their lives by giving to others through family service activities in their parish and community. Foundational Connection: Catechism of the Catholic Church: 1303 Scripture: Matthew 28: 19-20	Family Session: <i>Signs of Grace</i> <i>Session 5 "Sent on a Mission"</i>	Session 4: Service	Lesson 6: Experiencing God's Love in the Church	A Catholic Moral Vision: Virtue, Grace and the path to happiness How the Church leads us to live a life well. 45 minutes	Use another platform, nothing found on R&T
Month Nine: Life in the Spirit Session Objective: The baptized candidate and their family understand through the sacramental graces of Confirmation they are transformed into missionary disciples for Christ. Foundational Connection: Catechism of the Catholic Church: 2472 Scripture: James 1: 22	Family Session: <i>Signs of Grace</i> <i>Session 1 "Jesus Sends the Holy Spirit"</i>	Session 6: Prayer 101	Session 5: Receiving the Gifts of the Holy Spirit	The Wild Goose: The Spirit Remembers A program that reminds us that the Holy Spirit reminds of us what Jesus has done for us. 25 minutes	The Catechism's Guide to Prayer led by the Holy Spirit - Real+True

Month Ten: Disciples at Home and at Parish <i>Session Objective:</i> The baptized candidate and their family find ways to live as disciples of Christ in their home, the parish and daily life. Foundational Connection: Catechism of the Catholic Church: 1285 Scripture: John 20: 22-23	Family Session: <i>Signs of Grace Session 4 "Receiving the Sacrament of Confirmation"</i>	Supplemental Session on another platform	Lesson 8: Making a difference	The Catholic Parent: Handing on the Faith Parents sharing the ups and downs of making disciples of their children. 15 minutes	The Catholic Mass, Explained by the Catechism - Real+True
Month Eleven: Confirmation <i>Session Objective:</i> The baptized candidate is ready and prepared to complete the Initiation into the Church through the receiving of the Sacrament of Confirmation. Foundational Connection: Catechism of the Catholic Church: 1316 Scripture: Acts 1: 8			Lesson 7: Celebrating the Sacrament of Confirmation	The Wild Goose: The Breath of God Beautiful presentation for receiving the Holy Spirit. 24 minutes	Signed, sealed, and confirmed - Real+True What happens at Confirmation? - Real+True