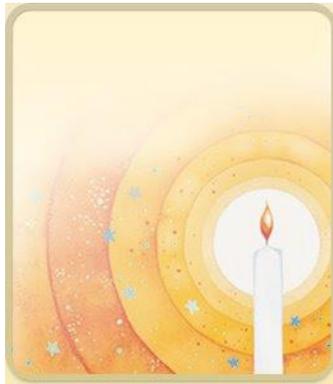


Department of  
Evangelization & Catechesis

**Growing Disciples – Wednesday Wrap**  
**Glorifying God – Growing in Faith**  
**Living our Catholic Faith in the World**  
January 30, 2019 Edition

*“Jesus Christ loves you; he gave his life to save you; and now he is living at your side every day to enlighten, strengthen and free you.” (Pope Francis, Evangelii Gaudium, 164)*

**CLADD Retreat Last chance to register today:**



**Tomorrow is the last day to register for the CLADD Retreat to be held next week.** Our retreat facilitator is Julianne Stanz and the topic is the Seven Keys of Spiritual Wellness: Tending to YOUR Soul as a Minister. Julianne infuses her talks, retreats, and seminars with humor, passion, and insights from her life in Ireland.

If you can't join us, please see the following link below for ministerial wisdom from Julianne including a challenging article on the importance of retreat ministry. Julianne is one of the many blessings that is provided to us from Loyola Press.

Article Link: <https://catechistsjourney.loyolapress.com/author/julianne/>

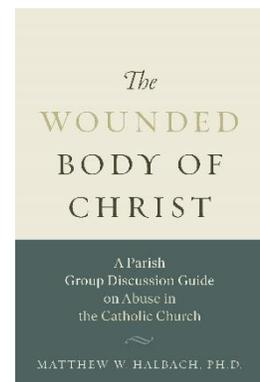
The retreat flyer is attached. This retreat is for all catechetical leaders: youth ministry, adult faith, sacramental prep/RCIA and religious education. Give yourself a gift today.

**Preparing for Lent 2019:**

The Department of Evangelization & Catechesis is proposing four offerings for your parish community this Lent:

***The Wounded Body of Christ – A Parish Group Discussion on Abuse in the Catholic Church – a four session journey***

The clergy sexual abuse crisis has left a deep wound in the body of Christ. Lent can be the ideal time to share our concerns, fears, and even anger about this topic that has broken our hearts. The Lenten discipline of deepening of our prayer life allows us to deal with it in a constructive and reflective, way.



*The Wounded Body of Christ* is the well-balanced and user-friendly guide written by Deacon Matt Halbach from our diocese. Filled with Scripture, reflections, discussion questions, and prayers, its four sessions will help parish groups focus on The Church as the Body of Christ, Being a Wounded Body, Healing a Wounded Body, and Anticipating a Glorified Body. Gently leading groups through honest discussions about the nature of the Church, justice, accountability, compassion, mercy, and solidarity, *The Wounded Body of Christ* will help your parishioners find their voices and strengthen their faith.

This process is ideally situated for established parish small groups or establishing new groups for this opportunity. The four sessions are intended to be weekly but could be held more frequently depending upon the needs of the group members.

The session books are \$2.95 each with volume discounts and can be purchased through Twenty-Third Publications using this link: <http://www.twentythirdpublications.com/woboofchnepa.html>

### ***Finding Light in the Darkness – Sharing Stories of Conversion – A Mini-Retreat on the Woman at the Well, Christ Healing the Blind, and the Raising of Lazarus***

Taken together, these three stories illuminate the baptismal themes of water, light and new life as well as the catechetical themes of conversion and discipleship.



Through the retreat process of sharing the stories, silence, reflective questions that challenge and encourage the participants to see themselves as disciples, and the use of powerful rites found in the RCIA process retreatants will be able to express what they are thirsting for, where in life they were blind and how they will live their new life in Christ.

This retreat is ideally scheduled for 3 ½ hours (1 hour for each movement, a break along with opening and closing prayer).

Contact John Gaffney at [jgaffney@dmdiocese.org](mailto:jgaffney@dmdiocese.org) for more information or to schedule the retreat for your parish. There is no cost, as it is covered by the Annual Diocesan Appeal.

### ***“My God, My God, why have you abandoned me?” – A Reflection Opportunity on Psalm 22 – A Mini-Retreat on the Redemptive Nature of Suffering***

Suffering is not an option for Christians. It’s a guarantee. We are tempted to believe that just by being good Christians we can make suffering go away. We imagine that God’s



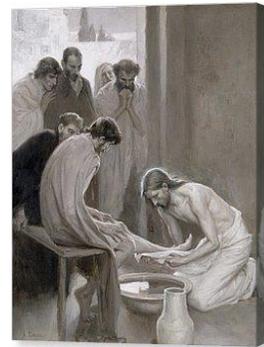
promise of blessing means that he will spare us all pain. But it doesn't work that way. Jesus not only promised suffering; he also made bearing personal crosses a daily requirement for all of his followers.

Through a reflective process of story-telling, sharing the stories of faith from our sacred Scriptures, thought-provoking questions to ponder our own experiences, and prayer we will encounter a person: Jesus Christ. Because of Him, we can even speak of suffering as a call, a vocation. St. John Paul II wrote: "Christ does not explain in the abstract the reasons for suffering, but before all else He says: 'Follow me' 'Come!' Take part through your suffering in this work of saving the world, a salvation achieved through my suffering! Through my Cross. Gradually, as the individual takes up one's cross, spiritually uniting oneself to the Cross of Christ, the salvific meaning of suffering is revealed" (*On the Christian Meaning of Suffering*, #26).

This retreat is ideally scheduled for 3 hours. Contact John Gaffney at [jgaffney@dmdiocese.org](mailto:jgaffney@dmdiocese.org) for more information or to schedule the retreat for your parish. There is no cost, as it is covered by the Annual Diocesan Appeal.

### ***A Lenten Retreat – A Visual Meditation on Jesus in Scripture and Image***

This Lenten offering is a 3 hours of reflection, prayer and sharing through visio divina. Rooted in the same tradition as lectio divina, this contemplative practice invites the participant to encounter Jesus through images. We will explore four themes in the reflection: Jesus' Entry into Jerusalem, The Last Supper, Jesus Washing the Feet of His Disciples, and the Agony in the Garden. This retreat is an opportunity for participants to experience our Catholic faith in a unique and powerful way.



Contact John Gaffney at [jgaffney@dmdiocese.org](mailto:jgaffney@dmdiocese.org) for more information or to schedule the retreat for your parish. There is no cost, as it is covered by the Annual Diocesan Appeal.

### **Preparation for our Diocesan Delegation to NCYC 2019 Has Launched:**



Parish packets have been mailed this week with information about our NCYC 2019 pilgrimage. E-mails were also sent to past NCYC parish leaders. This is an awesome faith experience for our teens and adult chaperones. Let us visit with you if you have never sent a parish delegation on the ease and excitement NCYC provides not just to the teens but your entire program.

If you haven't received your packet yet or you would like a head start, you will find all of the information in digital form [here](#). Additionally, the NCYC website itself has excellent [information](#) and [resources](#).

Please understand that the yellow highlighted section of the Pilgrimage Orientation Letter are forms that are not yet available from NFCYM. We will release them to you as soon as they are made available.

**Finally the exciting news...**we have been assigned the Indianapolis Marriot Downtown once again. For those of you who with us in 2017, this is the same hotel. For those who are not familiar with the hotel, you can find out more information by using this link:

<http://www.indymarriott.com/?vsrefdom=marriottindi-ppc> The hotel is ideally located on the north side of the Indianapolis Convention Center and has a wonderful ballroom we will use for gathering as a diocese.

More information will be coming including some upcoming webinars that will help you with planning, chaperone selection and formation and many other exciting NCYC pilgrimage topics.

For more information contact our NCYC team:

- Justin White – NCYC pilgrimage leader – [jwhite@dmdiocese.org](mailto:jwhite@dmdiocese.org)
- John Gaffney – NCYC logistics leader – [jgaffney@dmdiocese.org](mailto:jgaffney@dmdiocese.org)
- Jessica Maciel Hernandez – NCYC parish and chaperone relations – [jhernandez@dmdiocese.org](mailto:jhernandez@dmdiocese.org)
- Sherri Simmer – NCYC registration leader – [ssimmer@dmdiocese.org](mailto:ssimmer@dmdiocese.org)

Thanks so much for all that you do, and let us know if there is anything else we can help as we move forward to the next stage of preparation.

### **Free Webinars that Are Available by Ave Maria Press and NFCYM:**



#### **Finding Peace in Parish Ministry**

Tuesday, February 5 at 2:00 pm

Presented by Gary Zimak author of Give up Worry for Lent!

Parish ministry can be a very rewarding vocation. If we're not careful, however, it can sometimes lead to anxiety, burnout, or despair. In this presentation, Gary Zimak will offer advice for maintaining your peace as you serve the Lord and His people. As you will discover, the answer is simpler than you might expect!

Use this link to register: <https://register.gotowebinar.com/register/1007552169941857794>

#### **How to Survive Burnout and Thrive in Youth Ministry**

Tuesday, February 12 at 1:00 CST

Presented by Christopher Wesley

The longer you are in ministry the more joys and memories you accumulate. Watching life change is a beautiful thing. At the same time the longer you are in ministry the more desert

periods you'll face. How you and your team work through them is important. It's not only about having the right resources but creating a culture filled with healthy habits. In this webinar Chris Wesley, Founder of Marathon Youth Ministry, will share his own story of burnout, how he's worked through it and some of the best practices that have helped him, his team and other youth workers thrive in ministry.

Use this link to register: <https://register.gotowebinar.com/register/4207158494430705419>

### **Going, Going Gone...What Now?**

Thursday, February 28, 2019 at 1:00 pm CST

Presented by Dr. Bob McCarty

In their study, the Dynamics of Disaffiliation in Young Catholics, Saint Mary's Press describes extensive research on young Catholics who have left the Church. This webinar will identify the underlying dynamics that lead to disaffiliation and will propose pastoral strategies that enhance affiliation and engagement with the faith community. This session builds on the initial webinar ([Going, Going, Gone](#)) originally presented in 2017 and which can be viewed via [NFCYM's webinar library](#).

Use this link to register: <https://register.gotowebinar.com/register/2833733231257878797>

“Let the Church always be  
a place of Mercy  
AND Hope,  
where everyone is welcomed  
Loved and Forgiven.”  
Pope Francis

