

Diocese of Des Moines  
Evangelization &  
Catechesis



Growing Disciples – Wednesday Wrap  
Glorifying God – Growing in Faith  
Living our Catholic Faith in the World

February 19, 2014 Edition

The Light is On: Campaign to increase opportunities for Confession During Lent:

The Light is On for You is a campaign begun in 2005 in many dioceses across the country to encourage Catholics to take advantage of the Sacrament of Confession. In these dioceses the secret is out: confession is a powerful source of healing and joy.

Kyle Lechtenberg, diocesan director for the Office of Worship, will be working with parishes around the diocese to consider offering a special night of confession for the parish community. There will also be an educational component that will be offered through Evangelization & Catechesis that will make Catholics of all ages more aware of the renewing and healing graces of the sacrament.

These materials, along with materials from the Diocesan Office of Worship, will be e-mailed to you by the end of February. Attached to this newsletter, please find copies of Sacrament of Confession programs that can be used with your children and youth.

Some priests compare confession in similar ways to going to the dentist. Confession is an appointment with God for the purpose of healing the soul. For spiritual vitality, it is important to make regular appointments.

*Son Of God* the movie:

On Friday, February 28, 2014, the new movie *Son of God* opens in theaters nationwide. This feature length film tells the story of Jesus from his birth to his Resurrection in a compelling and inviting presentation. The movie is derived from the History Channel miniseries *The Bible* which was viewed by an estimated 100 million people last year. It is hoped that *Son of God* might touch peoples' minds and hearts with the story of Jesus and bring alive the Gospel in a way that helps envision what those who lived at the time of Jesus might have experienced.

To help make this movie a catechetical event, materials and catechetical aids have been prepared by the Archdiocese of Washington. These include excerpts from the movie, explanations of the faith content and different discussion questions.

They are all available for your use by accessing the Archdiocesan website. The link to this resource is: <http://site.adw.org/sonofgod>

Please consider these for your use in your parish religious education programs, religion classes in schools or any faith formation opportunities.

A quick search indicates the movie will be showing at the following theaters, though additional theaters may decide to carry the film as the release date nears.

Century 20 Jordan Creek, West Des Moines  
Carmike Wynnsong 16, Johnston  
Carmike Southridge 12, Des Moines  
AMC Star, Council Bluffs 17

Catholic Youth Camp (CYC) is coming soon – Camp Counselor Positions are available:

Each year close to 250 young people volunteer a week of their lives to be a camp counselor at CYC. It is one unique aspect about Catholic Youth Camp in our diocese than in any other place across the country that serves Catholic Youth.

Attached, please find two flyers that you can print and post or send as a pdf to see if young people in your parish community might want to take on this challenge. Online applications can be located at [www.stmcenter.com](http://www.stmcenter.com).

Registrations are currently being taken for all weeks of camp except for Senior Week (week 9). To help family's register, go to the following link: <http://www.stmcenter.com/>

Prayer for today:

Dear Lord, fill my mind with loving thoughts today. Grant that I may spend the hours of the day gladly working with you according to Your will.

Help me just for today and be with me in it: in the long hours of confinement, that  
I may not weary or grow slack in loving You;  
in conversations, that they may not be to me occasions of uncharitableness;  
that the day's worries and disappointments,  
that I may be patient with myself and with those around me;  
in moments of fatigue and illness, that I may be mindful of others rather than of myself;  
in temptations, that I may be generous and loyal, so that when the day is over I may lay it at  
Your feet, with its successes which are all Yours, and its failures, which are all my own,  
and feel that life is real and peaceful and blessed, when spent with You as the Guest of my soul.

Amen