

Department of  
Evangelization & Catechesis

Growing Disciples – Wednesday Wrap  
Glorifying God – Growing in Faith  
Living our Catholic Faith in the World  
April 4, 2018 Edition

**Upcoming CLADD Sessions in April – Eucharist As Source & Summit of the Church’s Activity with Kim Mandelkow:**



**This month’s session is excellent for everyone in any phase of lifelong formation in faith ministry!**

Beginning with the Last Supper until now and until the Lord comes again, the followers of Jesus have done what he told them to do: ***“Do this in memory of me.”*** How do we reflect this fundamental reality in our parish faith formation

programs? How do we grow in our Eucharistic theology so that we are effective witnesses to our catechists, youth ministry volunteers and families? Agendas are attached to this e-newsletter.

Our facilitator will be Kim Mandelkow who is the director of the Diocesan Office of Worship.

- CLADD West will be held on April 17 beginning at 9:00 am at Holy Family parish in Council Bluffs.
- CLADD East will be held on April 19 beginning at 9:00 am at St. Mary of Nazareth parish in Des Moines.

**Vaping or Juuling is becoming a nightmare in schools:**

Whether or not teen members of your high school programs are “Juuling” at your gathered events or not, it is important to understand this trend that is sweeping the nation.

Juul is an e-cigarette that resembles of flash drive. They use the computer to heat-up the nicotine. Once ready, Juul many times goes undetected because of a lack of odor. Teens can vape behind the adult’s back. Another reason that Juul has



become popular is infinite range of flavors to sample. One Juul has the same amount of nicotine as a pack of traditional cigarettes.

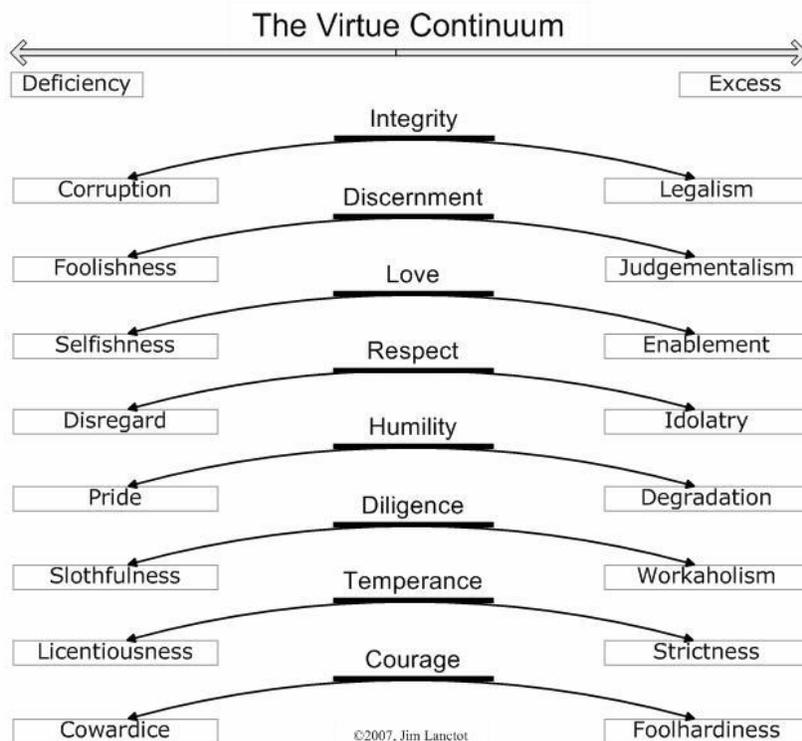
NBC recently covered this story and it is well worth reading. If you are doing a current events evening, perhaps this might be a good addition. Please keep in mind that “Juuling” would be covered under your Code of Conduct rules the same as smoking cigarettes. It is a conduct issue not a “Mandatory reporter issue.” If you ever have any questions about the difference, please contact me at [jgaffney@dmdiocese.org](mailto:jgaffney@dmdiocese.org).

NBC News article link - <https://www.nbcnews.com/health/kids-health/why-juuling-has-become-nightmare-school-administrators-n860106>

**The Virtue Continuum:**

As Christians, we are called to live virtuous lives using our talents and gifts according to God’s design and desire. Many public and private schools require character formation. This is good but our faith has a built-in structure of character formation in the virtues. This is a venture that includes hard work and divine grace. We take an active part in our development but it is the Holy Spirit that enables our growth. Helping the group with whom you minister (children, teens, youth, young adults or adults) to live into virtue formation is a worthy quest. Below please find an excellent table that reminds us that like most things, virtues are a balance between deficiency and excess.

Let Justin and me know if you need any resources on virtue formation.



## **8th Annual Minister of Compassion Workshop – April 14:**



The 8th annual Ministers of Compassion Workshop will be held at St. Boniface Church in Waukee on April 14 from 8:00 am to 12:00 pm. This year's theme is **Keeping Your Own Cup Full: Self-Care for Caregivers**. This half day workshop is designed for all who provide care for others. Caregivers are often very selfless, sometimes to the point of forgetting to care for themselves. The day will explore a variety of ways that caregivers can engage in self-care and why it is important to do so.

Key notes will be delivered by Father Bob Aubrey, retired hospital chaplain, and Cindy Shaw, co-director of the Emmaus House. Breakout sessions will be given by Kathy Reardon (The Des Moines Pastoral Counseling Center), Erin Good (Specialist in Dietetics and helps others work on a happy healthy lifestyle), Karmen Buchop (Achieving Inner Peace Massage Therapy), Stacy Halbach (Scripture and Essential Oils) and comedy with Willie Farrell.

This free workshop is part of the on-going mission of the St. Joseph Educational Center. Follow this link to register: <https://www.eventbrite.com/e/keeping-your-own-cup-full-self-care-for-caregivers-tickets-42791345065> Contact Lisa Risvold at 515-222-1092 or at [lisvold@dowlingcatholic.org](mailto:lisvold@dowlingcatholic.org) for more information.

## **Being a Youth Minister in Today's Church Webinar by NFCYM - April 16 at 1:00 (CDT):**

Dr. Charlotte McCorquodale, chair of the National Association for Youth Ministry Leaders (NACYML), will lead a webinar on the life of a parish youth minister.

Sometimes, it is hard to explain to others exactly what youth ministry leaders do and why they are needed as part of parish staff.

Often times, those serving in youth ministry feel isolated and wonder if other youth ministry leaders have the same joys and struggles. For the past 25 years Ministry Training Source and the NFCYM have been studying those serving as youth ministry leaders in all the different roles and setting. This webinar will answer the following questions about youth ministry leaders serving in the United States:

Who are they?  
What do they do?



How are they formed?  
How are they compensated?  
What are their challenges and priorities?  
How has the role evolved over the years?

Follow this link to register - <https://register.gotowebinar.com/register/18627214997806849>

*NFCYM Webinars are open to all and are recorded and archived.  
A link to the recording will be sent to all registered after the presentation date.  
View past and upcoming webinars at the [NFCYM Webinar website](#)*

**Solidarity Prayer Walk – An Exhibit inviting you and your parishioners into solidarity and kinship:**



Catholic Charities in coordination with the Social Justice Consortium offers an opportunity for your faith community to reflect on different people in the world and how to share a sense of solidarity with them. This exhibit contains everything you need to schedule a powerful opportunity for one week.

To request the exhibit in your parish, please contact Ken Bresnan at [kbresnan@catholiccharitiesdm.org](mailto:kbresnan@catholiccharitiesdm.org) or 515-237-5089. A flyer is attached

