



Dept. of Evangelization &
Catechesis

**Growing Disciples – Wednesday Wrap
Glorifying God – Growing in Faith
Living our Catholic Faith in the World**

May 3, 2017 Edition

Mental Health First Aid Training Coming Up Soon at St. Francis of Assisi:



**MENTAL
HEALTH
FIRST AID**

Teresa Bomhoff, the president of the National Alliance on Mental Illness (NAMI) for greater Des Moines will be presenting a two day training on May 8th and May 15th. The cost is \$30.00 and the class size is limited to 25 participants. To register contact Jess Streit at jstreit@saintfrancischurch.org or call her at 515-440-1030.

The class covers mental health problems including anxiety, depression, psychosis, drugs and signs and symptoms. It teaches class members how to assess potential suicidal tendencies, how to listen, give non-judgmental reassurance, encourage the individual to seek professional help, how to react when an individual appears to be in a crisis, how to get help for an individual in a crisis and what to do until help arrives.

Save the Date – All CLADD Year End Celebration – May 11 in Adel:

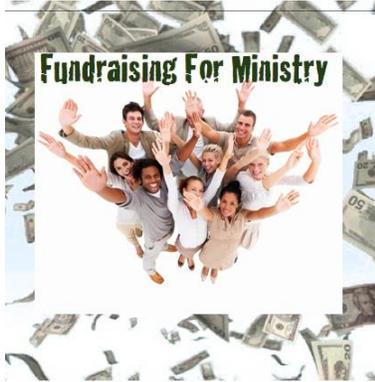
The CLADD Leadership Team has assembled a wonderful year-end celebration for all of us. RSVP today for Thursday, May 11 at St. John's Parish in Adel. This special celebration is for all parish catechetical leaders: adult faith formation leaders, youth ministry leaders and leaders in religious education. Our special guest is Sr. Jude Fitzpatrick, CHM, who will provide a reflection on "Beatitude." The day also includes a delicious lunch, Mass with Bishop Pates, our annual swap shop opportunity, and honoring those who have served their parishes and the diocese for a significant period of time. Attached is the agenda. RSVP to Sherri Simmer at ssimmer@dmdiocese.org.



Those being honored this year include: Deacon Paul Tran, Megs Howes, Dawn Fokken, Tina Phillippi, Jo Anne Sayre, Jess Streit, Theresa Hensley, Patty Rooney, Deanna Lane, and Cathy Davidson (who is receiving a 20 year service award for her ministry at Assumption parish in Granger.) Some of our award recipients will not be able to be with us due to work responsibilities or travel distance.

Besides Patsy and Dianne's achievements being honored, others who are stepping away from active ministry include Tammi McClain, Sonya Staudt and Heather Honkamp.

Fundraising Best Practices Series Part 2 by Project YM:



Last week we looked at 2 mistakes in parish fundraising. Today we examine the final 3.

Mistake #3 – Lack of Buy In: You need a team. If you try to do it all yourself, you'll burn out quickly. Plus the more people with skin in the game, the more successful your event will be.

Build a team by getting other people excited about the event (and the ministry).

UTILIZE THEIR GIFTS – You need a diverse team, and you need everyone on that team to be working in their wheelhouse. Create specific roles and then match people to those roles based on what they're good at and what they like doing. When you do that, you're setting people up for success.

BE OPEN TO NEW IDEAS – Nothing kills someone's enthusiasm faster than when they feel like their input is not being heard or valued. It's good to have a strong direction and vision in mind, but be flexible enough to let your team have a say in the final product.

THINK OUTSIDE THE BOX – Look for partners beyond the list of people who always volunteer. Figure out ways to get other people in your parish and within your community involved – especially when it comes to promotion and sponsorship.

Mistake #4 – Lack of Respect: If you want to quickly burn out your team, fail to respect their time. Works like a charm. Here's how you avoid that situation:

RAISE THE ROI – You need to insure a minimal ROI (Return On Investment) for people's time. This means that you need to avoid events and fundraising strategies that nickel and dime people, or that have a low return, but take a large number of hours.

IMPROVE EFFICIENCY – I know you're busy, and so are the people on your team – so make sure you run all team meetings as efficiently as possible. That means showing up early, being prepared and having an agenda. No one ever complains when a meeting is "too organized" or "too efficient" – but they do complain about the opposite.

SET CLEAR EXPECTATIONS – Be sure people know exactly what they're getting into: clearly define your expectations and the time commitment for people BEFORE they agree to join your team.

Mistake #5 – Make it all about the MONEY: It needs to be obvious that your event is focused on the good work that Christ is doing through your ministry. If you don't mention Jesus, and you don't tell the story of what He is doing with the young Church in your area, you have failed no matter how much money you bring in. Every fundraising event you do should:

HIGHLIGHT THE SUCCESSES – When people are gathered together to help **FUND** your ministry, that is the **PERFECT** time so tell people about everything your ministry has and is accomplishing in the lives of young people: Tell them about the growth of your ministry, tell them stories of life change, tell them about all the wins you’ve experienced recently.

ACKNOWLEDGE THE STRUGGLES – Every ministry has hurdles and roadblocks – when you share a few of those with people who have (literally and figuratively) bought in to your ministry, you’ll be amazed at how many people step up to help.

SHARE YOUR PASSION – Passion is contagious. Strong vision is contagious. Take this opportunity to share both. People want to passion support passionate people, and they want to fund strong visions.

Can you Hear Me? Strengthening the Spritual and Prayer Lives of Middle Schoolers Webinar – May 16 at 1:00 pm CDT:

Have you ever tried getting middle schoolers to pray only to have at least one student who doesn't know what's going on, a few who know the prayer, and many who couldn't care less? Whether you're a youth minister, teacher, DRE, or play some other role in the faith lives of middle schoolers, it's possible to lead them deeper than most people imagine. Lindsey West, our facilitator from the Diocese of Sacramento, will discuss techniques, styles, and approaches to helping middle schoolers develop and deepen maturing spiritual and prayer lives. To register for this free webinar follow this link <https://register.gotowebinar.com/register/4369085754636979972>

