
















**CATHOLIC**  
**SOCIAL+MEDIA**  
BY PRENGER SOLUTIONS GROUP

# 2025-2026 DIOCESAN SOCIAL MEDIA CALENDAR


*200+ post ideas to delight your followers*



SUN	MON	TUES	WED	THUR	FRI	SAT
				<b>MEMORIAL OF ST. JOSEPH THE WORKER</b> <sup>1</sup> Share images of laborers, St. Joseph working  <b>ASK:</b> What's one thing you're proud of that you've accomplished in your work?	<b>MEMORIAL OF ST. ATHANASIUS</b> <sup>2</sup>  <b>CHALLENGE:</b> Can you recite the whole Nicene Creed?	
	<b>CINCO DE MAYO</b> <sup>4</sup>  <b>RESEARCH:</b> How many Spanish-language Masses does your diocese offer? <i>Images of Latino ministry in your diocese</i>	<b>NATIONAL NURSES DAY</b> <sup>6</sup>  <b>SHOUTOUT:</b> Thank all nurses for their kindness and care				<b>MEMORIAL OF ST. DAMIEN DE VEUSTER</b> <sup>10</sup>  <b>ASK:</b> Have you been on pilgrimage to Hawaii?
<b>NATIONAL TEACHER APPRECIATION WEEK, MAY 5 — 9</b>  <b>ASK:</b> What teachers have made the biggest impact in your followers' lives?						
<b>MOTHER'S DAY</b> <sup>11</sup>  <b>SHOUTOUT:</b> All mothers and maternal figures, linking them to the Blessed Mother!  <b>RESEARCH:</b> Find an image of your bishop with his own mother				<b>MEMORIAL OF ST. ISIDORE</b> <sup>15</sup>  <b>SHOUTOUT:</b> Farmers in your diocese on their patron's feast day!  <b>RESEARCH:</b> Do you have a local chapter of Catholic Rural Life?		
<b>AMERICAN CRAFT BEER WEEK, MAY 12 — 18</b> Share about the connection between monks and breweries!  <b>ASK:</b> Do parishioners have a favorite local brewery in the diocese?						
	<b>MEMORIAL DAY</b> <sup>25</sup> Remembering and honoring fallen soldiers and veterans  <b>RESEARCH:</b> Do you have national cemeteries in the diocese?	<b>MEMORIAL OF ST. PHILLIP NERI</b> <sup>27</sup>  <b>SHARE:</b> In honor of the patron saint of humor, share your favorite jokes!		<b>SOLEMNITY OF THE ASCENSION OF THE LORD</b> <sup>29</sup> Share classic artwork connected to this pivotal moment  <b>ASK:</b> What excites you most about heaven? <i>[Move to June 1 as needed]</i>	<b>FEAST OF THE VISITATION OF THE BLESSED VIRGIN MARY</b> <sup>31</sup>  <b>CHALLENGE:</b> Visit or call a relative you don't often see	

### MENTAL HEALTH AWARENESS MONTH

Encourage followers to tend to their mental health and mention St. Dymphna


 **SHOUTOUT:** Any Catholic mental health workers/services in the diocese

### JEWISH-AMERICAN HERITAGE MONTH


Share quotes from *Nostra Aetate* on the relationship between Judaism and Catholicism

### PLANTING A MARY GARDEN

 **CHALLENGE:** Plant a Mary Garden! Share ideas to get started.


 **SHARE:** Ask parishioners to share photos of flowers all month

### MILITARY APPRECIATION MONTH

 **SHOUTOUT:** Thank veterans within the parish/greater community


 **RESEARCH:** Do you have any military bases in the diocese?


### CELEBRATE GRADUATES!

 **SHOUTOUT:** Highlight any Catholic high school or college graduations this month

 **RESEARCH:** Have there been any compelling commencement speeches at Catholic colleges this year?

### SUMMER BBQ SERIES AND RECIPES

 **SHARE:** Provide opportunities for parishioners to share BBQ recipes!















 **ASK:** Hotdogs vs. hamburgers—which is the summertime champion?

# JUNE 2025

## THE MONTH OF THE SACRED HEART OF JESUS

 **CHALLENGE:** Stick an image of the Sacred Heart somewhere you'll see it every day

Share prayers/devotions to the Sacred Heart of Jesus

SUN	MON	TUES	WED	THUR	FRI	SAT
<b>1</b> <b>SOLEMNITY OF THE ASCENSION OF THE LORD</b> Share classic artwork connected to this pivotal moment  <b>ASK:</b> What excites you most about heaven? <i>[If not celebrated May 29]</i>	<b>2</b>	<b>3</b> <b>MEMORIAL OF ST. CHARLES LWANGA &amp; COMPANIONS</b> Share about Martyrs' Day in Uganda and stats on the growth of the Church in Africa  <b>SHOUTOUT:</b> Any African Catholic communities/priests in your diocese	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b> <b>SOLEMNITY OF PENTECOST</b> Share prayers/images about receiving the Holy Spirit  <b>SHOUTOUT:</b> Highlight any diocesan groups associated with the Catholic charismatic movement  <b>ASK:</b> What are the seven gifts of the Holy Spirit?	<b>9</b> <b>START OF ORDINARY TIME</b> Highlight theme of steady growth during this liturgical season Use images of green—vestments, altar decorations, etc.	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> <b>MEMORIAL OF ST. ANTHONY OF PADUA</b>  <b>ASK:</b> St. Anthony was a legendary preacher. What makes for a good homily?	<b>14</b> <b>FLAG DAY</b>  <b>RESEARCH:</b> Does your diocese have a flag or crest? Share what it means!
<b>15</b> <b>SOLEMNITY OF THE MOST HOLY TRINITY</b> The Trinity is the most profound mystery of our faith! Share some educational/catechetical resources to help people understand how God is 3 in 1.	<b>16</b> <b>FATHER'S DAY</b>  <b>SHOUTOUT:</b> Celebrate all fathers, including priests and your bishop!  <b>SHARE:</b> Ask parishioners to share a photo of their dad and why they love him!	<b>17</b>	<b>18</b>	<b>19</b> <b>JUNETEENTH</b> Pull quotes from the USCCB's 2018 <a href="#">teaching document</a> against racism  <b>SHOUTOUT:</b> Highlight any African American communities or racial justice efforts in your diocese	<b>20</b> <b>WORLD REFUGEE DAY</b> Post links to local ways to welcome the stranger  <b>CHALLENGE:</b> Encourage parishioners to get involved in refugee support efforts through their state Catholic conference	<b>21</b>
<b>22</b> <b>SOLEMNITY OF THE MOST HOLY BODY &amp; BLOOD OF CHRIST</b>  <b>SHOUTOUT:</b> Corpus Christi processions in your diocese! Post photos from past Corpus Christi processions	<b>23</b>	<b>24</b> <b>SOLEMNITY OF THE NATIVITY OF ST. JOHN THE BAPTIST</b>  <b>ASK:</b> Did you know St. John the Baptist used to be revered more than St. Joseph?	<b>25</b>	<b>26</b>	<b>27</b> <b>SOLEMNITY OF THE MOST SACRED HEART OF JESUS</b> Post prayers to and artwork of the Sacred Heart of Jesus Encourage your people to think about Jesus' great love for humanity	<b>28</b>
<b>RELIGIOUS FREEDOM WEEK, JUNE 22 — 28</b> Connect parishioners to <a href="#">USCCB resources</a>  <b>CHALLENGE:</b> Watch <i>A Man for All Seasons</i> to learn about St. Thomas More						
<b>29</b> <b>SOLEMNITY OF STS. PETER &amp; PAUL, APOSTLES</b> Post photos of the two saints  <b>RESEARCH:</b> Find photos from when the archbishop of your province received his pallium	<b>30</b>					

### NATIONAL ADOPT-A-CAT MONTH

 **SHARE:** Post a picture of your favorite feline! We'll ask St. Gertrude to pray for them.

### TIPS FOR MAINTAINING FAITH DURING VACATION

Link to [www.masstimes.org](http://www.masstimes.org)  
 Publish blessings for car and air travel

### POPULAR WEDDING MONTH

Images of parish weddings, loving couples, wedding rings, etc.  
 Publish a blessing for couples preparing for this important sacrament

### SUMMER SONG PLAYLIST

 **CHALLENGE:** Create a family playlist, with each member contributing three songs!

Link to a Spotify playlist curated by the diocese

# JULY 2025

## THE MONTH OF THE MOST PRECIOUS BLOOD OF JESUS

 **CHALLENGE:** Pick one practice to help “regenerate” your spiritual life this month

SUN	MON	TUES	WED	THUR	FRI	SAT
		<b>MEMORIAL OF ST. JUNIPERO SERRA</b> Reflect upon the growth of Catholicism in America by sharing how the number of Catholics in your diocese has changed over the decades		<b>FEAST OF ST. THOMAS, APOSTLE</b> <b>SHOUTOUT:</b> St. Thomas is the patron of builders and architects. Highlight the most beautiful Catholic buildings in your diocese!	<b>INDEPENDENCE DAY</b> <b>SHARE:</b> Ask parishioners to post pics of how they're celebrating Share quotes about the virtue of patriotism	
					<b>MEMORIAL OF ST. BENEDICT</b> <b>SHOUTOUT:</b> Highlight how the Benedictines have shaped life in your diocese Explain and promote the Benedictine ideal of <i>ora et labora</i>	
	<b>MEMORIAL OF ST. KATERI TEKAKWITHA</b> <b>SHOUTOUT:</b> Any Catholic ministries serving Native Americans in your diocese, and/or famous Catholic Native Americans (i.e., Black Elk)	<b>NATIONAL GIVE SOMETHING AWAY DAY</b> <b>CHALLENGE:</b> Encourage parishioners to grow in detachment from material goods Link to Catholic organizations to donate to (i.e., St. Vincent de Paul Society)				
<b>INTERNATIONAL CHESS DAY</b> <b>ASK:</b> What are your parishioners' favorite games to play?		<b>FEAST OF ST. MARY MAGDALENE</b> <b>ASK:</b> Do you know why Mary Magdalene is the patroness of the Dominicans? (She was the "Apostle to the Apostles.") Share inspiring quotes about women from <a href="#">Mulieris Dignitatem</a>		<b>MEMORIAL OF ST. CHARBEL MAKHLouF</b> <b>SHOUTOUT:</b> Honor the Maronite community in your diocese	<b>FEAST OF ST. JAMES THE GREATER, APOSTLE</b> <b>ASK:</b> Have you made El Camino de Santiago pilgrimage, aka, The Way of St. James? Share photos from the Camino in Spain	<b>MEMORIAL OF STS. JOACHIM &amp; ANNE</b> <b>RESEARCH:</b> What did Pope Francis teach about grandparents?
		<b>MEMORIAL OF STS. MARTHA, MARY &amp; LAZARUS</b> <b>SHARE:</b> Ask parishioners to share photos of them with their siblings!	<b>INTERNATIONAL DAY OF FRIENDSHIP</b> <b>CHALLENGE:</b> Call a friend you haven't spoken to in a while	<b>MEMORIAL OF ST. IGNATIUS OF LOYOLA</b> <b>SHOUTOUT:</b> Highlight how the Jesuits have shaped life in your diocese Share what "AMDG" means and how it can apply to every aspect of life		

**NATIONAL ICE  
CREAM MONTH**


**ASK:** If you could invent a flavor, what would it be?

## PICNIC MONTH

**SHARE:** Have parishioners share pics from family picnic outings


**FRENCH-  
AMERICAN  
HERITAGE MONTH**

 **SHOUTOUT:**  
Highlight any  
historically French  
parishes in your  
diocese!

 **RESEARCH:** What saints/theologians have come from France, “the eldest daughter of the Church”?

## SUMMER READING RECS

Share a top five reading list for adult Catholics

 **RESEARCH:** Share your bishop's favorite book

## SUPPORTING LOCAL FARMERS AND SUSTAINABILITY

**Publish info about markets or co-ops around the diocese where parishioners can buy fresh goods from local farmers**

**ASK:** Encourage followers to share their own recs in the comments!

# AUGUST 2025


## THE MONTH OF THE IMMACULATE HEART

 **CHALLENGE:** Make a pilgrimage to a Marian site in your diocese (shrine, chapel, parish)


Share how to consecrate oneself to the Immaculate Heart

SUN	MON	TUES	WED	THUR	FRI	SAT
					<b>MEMORIAL OF ST. ALPHONSUS LIGUORI</b> <sup>1</sup> <p> <b>CHALLENGE:</b> St. Alphonsus is the patron saint of confessors. Encourage followers to go to confession as needed and share ways to look up schedules.</p>	<sup>2</sup>
<sup>3</sup>	<sup>4</sup>	<sup>5</sup> <b>MEMORIAL OF THE DEDICATION OF THE BASILICA OF ST. MARY MAJOR</b> <p> <b>ASK:</b> What's your favorite church in our diocese or around the world?</p>	<sup>6</sup> <b>FEAST OF THE TRANSFIGURATION OF THE LORD</b> <p>Publish a post about how this feast strengthens us for the challenges and suffering of life by pointing to the Resurrection</p>	<sup>7</sup>	<sup>8</sup> <b>MEMORIAL OF ST. DOMINIC</b> <p> <b>SHOUTOUT:</b> Highlight how the Dominicans have shaped life in your diocese</p>	<sup>9</sup> <b>MEMORIAL OF ST. TERESA BENEDICTA OF THE CROSS</b> <p> <b>RESEARCH:</b> Why is she a co-patron of Europe? Explain to your followers</p>
<p>← <b>NATIONAL SIMPLIFY YOUR LIFE WEEK, AUGUST 4 — 10</b> →</p> <p> <b>CHALLENGE:</b> Remove one activity, subscription, habit, etc., that you can do without to make more space for God</p>						
<sup>10</sup>	<sup>11</sup> <b>MEMORIAL OF ST. CLARE</b> <p> <b>RESEARCH:</b> Identify where the closest Poor Clare monastery is, and encourage followers to visit</p>	<sup>12</sup> <b>INTERNATIONAL YOUTH DAY</b> <p>Publish opportunities for youth involvement in diocesan activities and ministries</p> <p> <b>SHOUTOUT:</b> Highlight your diocesan youth and young adult ministers</p>	<sup>13</sup>	<sup>14</sup> <b>MEMORIAL OF ST. MAXIMILIAN KOLBE</b> <p> <b>SHOUTOUT:</b> St. Maximilian Kolbe was a patron of journalists. Highlight Catholic media endeavors in your diocese!</p>	<sup>15</sup> <b>SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY</b> <p>Share art of the Assumption and info on its importance</p> <p> <b>CHALLENGE:</b> Pray the Glorious Mysteries of the Rosary today!</p>	<p><b>BOOK LOVERS DAY</b> →</p> <p> <b>SHARE:</b> Encourage followers to share their favorite spiritual reads and why they love them</p> <p> <b>SHOUTOUT:</b> Any Catholic bookstores you have in the diocese, and/or famous Catholic writers</p>
<p>← <b>NATIONAL RESURRECT ROMANCE WEEK, AUGUST 10 — 16</b> →</p> <p> <b>CHALLENGE:</b> If you're married or dating, go out on a date this week!</p>						
<sup>17</sup>	<sup>18</sup>	<sup>19</sup> <b>WORLD HUMANITARIAN DAY</b> <p>Honor the spirit of compassion and service by highlighting charitable initiatives</p> <p> <b>CHALLENGE:</b> Invite parishioners to sign up to volunteer at a diocesan-sponsored charity</p>	<sup>20</sup>	<sup>21</sup>	<sup>22</sup>	<sup>23</sup>
<sup>24</sup>	<sup>25</sup> <b>MEMORIAL OF ST. LOUIS</b> <p> <b>ASK:</b> How many U.S. cities can you name that were named after saints?</p>	<sup>26</sup>	<sup>27</sup> <b>MEMORIAL OF ST. MONICA</b> <p>Share prayers associated with St. Monica for wayward children</p>	<sup>28</sup> <b>MEMORIAL OF ST. AUGUSTINE</b> <p> <b>SHOUTOUT:</b> Highlight how Augustinians have contributed to your diocese</p> <p>Explain how St. Augustine has shaped Catholic doctrine and teaching, for instance, through his explanation of sin as the privation of a good</p>	<sup>29</sup> <b>MEMORIAL OF THE PASSION OF ST. JOHN THE BAPTIST</b> <p> <b>SHARE:</b> Encourage parishioners to share when they/their kids were baptized, and to share any relevant pics!</p>	<sup>30</sup>
<sup>31</sup>						


### FAMILY MEALS MONTH


 **SHARE:** Have followers share photos of their family meals!

### NATIONAL SANDWICH MONTH

 **ASK:** What's your dream sandwich, and why?

### SHARE YOUR SUMMER ADVENTURES

 **SHARE:** Invite parishioners to share stories and photos from their summer activities

 **RESEARCH:** Did your bishop or priests go on an interesting vacation that you can highlight?

### BACK TO SCHOOL PREPARATION

Create posts offering prayers and blessings for students, teachers, and parents















Share practical tips for a successful academic year

# SEPTEMBER 2025

## THE MONTH OF THE HOLY CROSS

Share images of the cross and reflect on how an instrument of death is our sign of triumph

 **RESEARCH:** Are there any related relics in your area that parishioners can make a pilgrimage to?

SUN	MON	TUES	WED	THUR	FRI	SAT
<b>LABOR DAY</b> Wish people a happy holiday and highlight the dignity of work!  <b>RESEARCH:</b> Did your bishop or any priests have interesting jobs before ordained ministry?	<b>WORLD DAY OF PRAYER FOR THE CARE OF CREATION</b> <sup>1</sup>  <b>SHOUTOUT:</b> Any sustainability efforts around the diocese Point parishioners towards resources associated with this day of prayer	<b>WORLD LETTER WRITING DAY</b> <sup>2</sup>  <b>CHALLENGE:</b> Write a letter to someone you haven't heard from in a while!			<b>MEMORIAL OF ST. TERESA OF CALCUTTA</b> <sup>5</sup>  <b>SHOUTOUT:</b> Any Missionaries of Charity in your diocese  <b>ASK:</b> Where was Mother Teresa originally from? Share quotes from and images of this inspiring contemporary saint!	
	<b>FEAST OF THE NATIVITY OF THE BLESSED VIRGIN MARY</b> <sup>8</sup>  <b>ASK:</b> It's Mary's birthday! What do you love about her?	<b>MEMORIAL OF ST. PETER CLAVER</b> <sup>9</sup>  <b>SHOUTOUT:</b> Highlight a Knights of St. Peter Claver chapter if you have one and, if not, the broader group				
<b>MALNUTRITION AWARENESS WEEK, SEPTEMBER 8 — 12</b> Highlight facts about malnutrition in the U.S. and the world						
<b>NATIONAL SUICIDE PREVENTION WEEK, SEPTEMBER 7 — 13</b> Share encouraging messages about mental health and provide links to resources for those struggling with mental health						
<b>FEAST OF THE EXALTATION OF THE CROSS</b> <sup>14</sup>  <b>SHOUTOUT:</b> Highlight any parishes/institutions in your diocese named for the cross Share different images of the cross from diverse cultures	<b>MEMORIAL OF OUR LADY OF SORROWS</b> <sup>15</sup> Share about the devotion to Our Lady's Seven Sorrows  <b>CHALLENGE:</b> Pray the Sorrowful Mysteries today from Mary's perspective					
					<b>MEMORIAL OF STS. ANDREW KIM TAE-GŎN, PAUL CHONG HA-SANG, &amp; COMPANIONS</b> <sup>20</sup>  <b>SHOUTOUT:</b> Highlight the Korean Catholic community in your diocese	
<b>WORLD GRATITUDE DAY</b> <sup>21</sup>  <b>SHARE:</b> Give parishioners the opportunity to share why they're grateful! Highlight the connection between the Eucharist and "thanksgiving"		<b>MEMORIAL OF ST. PIUS OF PIETRELCINA (PADRE PIO)</b> <sup>23</sup> Share images and quotes from this inspiring 20th century saint				<b>MEMORIAL OF ST. VINCENT DE PAUL</b> <sup>27</sup>  <b>CHALLENGE:</b> Invite parishioners to donate time, talent, or treasure to the local St. Vincent de Paul Society
	<b>FEAST OF THE ARCHANGELS</b> <sup>29</sup>  <b>SHOUTOUT:</b> Highlight any parish in your diocese named after the archangels Share prayers to Sts. Michael, Gabriel, and Raphael	<b>MEMORIAL OF ST. JEROME</b> <sup>30</sup>  <b>SHARE:</b> Ask followers to share their favorite Bible verses, noting St. Jerome's role in translating it				

### HISPANIC HERITAGE MONTH (STARTS SEPT 15)

Share images of popular Latin American saints


 **SHOUTOUT:** Show off your diocesan Hispanic ministry office's work!

### HARVEST SEASON

Highlight the practice of Ember Days on the W, F and S after the Exaltation of the Holy Cross

Michaelmas (Sept 29) is also associated with the harvest and has its own recipes!

### WORLD ALZHEIMER'S MONTH

 **SHOUTOUT:** Highlight the work of Catholic assisted living, memory care and nursing homes in your diocese

Share resources for those who have relatives with Alzheimer's



# OCTOBER 2025

## THE MONTH OF THE ROSARY

Explain one mystery of the Rosary for each week of October



**SHARE:** Ask parishioners to share photos of their favorite Rosary and how they got it/what it means to them

SUN	MON	TUES	WED	THUR	FRI	SAT
			<b>MEMORIAL OF ST. THERÈSE OF THE CHILD JESUS</b> <sup>1</sup> <b>ASK:</b> St. Thérèse of Lisieux is one of only 4 female Doctors of the Church. Can you name the others? Make sure to share quotes and insights from this beloved saint!	<b>MEMORIAL OF THE HOLY GUARDIAN ANGELS</b> <sup>2</sup> Share prayers and information about guardian angels		<b>MEMORIAL OF ST. FRANCIS OF ASSISI</b> <sup>4</sup> <b>SHOUTOUT:</b> Highlight the work of Franciscans in your diocese! Emphasizes Francis' radical embrace of poverty for the sake of being closer to Christ
<sup>5</sup>	<sup>6</sup>	<b>MEMORIAL OF OUR LADY OF THE ROSARY</b> <sup>7</sup> <b>CHALLENGE:</b> Pray the whole Rosary today. It only takes 15 or so minutes.	<sup>8</sup>	<sup>9</sup>	<sup>10</sup>	<sup>11</sup>
<sup>12</sup>	<b>COLUMBUS DAY</b> <sup>13</sup> <b>SHOUTOUT:</b> Highlight the work of the Knights of Columbus in your diocese		<b>PREGNANCY &amp; INFANT LOSS REMEMBRANCE DAY</b> <sup>15</sup> Share resources related to miscarriage ministries, and let those who have experienced this tragedy know they are not alone	<b>WORLD FOOD DAY</b> <sup>16</sup> Imagery could include towers of canned food/ collection boxes of canned food <b>CHALLENGE:</b> Encourage followers to support local organizations working to end hunger	<sup>17</sup>	<b>FEAST OF ST. LUKE THE EVANGELIST</b> <sup>18</sup> <b>CHALLENGE:</b> Read one chapter from St. Luke's Gospel today <b>SHOUTOUT:</b> Highlight any local Catholic doctors' groups on the feast day of the patron of physicians
<b>WORLD MISSION SUNDAY</b> <sup>19</sup> <b>RESEARCH:</b> Has your diocese (or does your diocese) benefited directly from this collection? <b>SHOUTOUT:</b> Any priests or religious from your diocese who engage in missionary work (or your diocese's own foreign mission)	<sup>20</sup>	<b>NATIONAL APPLE DAY</b> <sup>21</sup> <b>SHARE:</b> Invite followers to share their favorite apple-based recipes!	<b>MEMORIAL OF ST. JOHN PAUL II</b> <sup>22</sup> <b>SHOUTOUT:</b> Highlight any parishes, schools, etc. in your diocese named after this incredible pope! <b>ASK:</b> JPII was the first non-Italian pope in 455 years! How many total popes haven't been from Italy?	<sup>23</sup>	<sup>24</sup>	<sup>25</sup>
<sup>26</sup>	<sup>27</sup>	<b>FEAST OF STS. SIMON &amp; JUDE</b> <sup>28</sup> <b>ASK:</b> Can you name the other 10 Apostles?	<sup>29</sup>	<sup>30</sup>	<b>ALL HALLOWS' EVE</b> <sup>31</sup> <b>SHARE:</b> Ask parishioners to share photos of their kids' costumes! Bonus points for any cool saint outfits.	

### BREAST CANCER AWARENESS MONTH

Include educational resources, fundraising efforts, and prayers for those battling breast cancer

### RESPECT LIFE MONTH

**SHOUTOUT:** Highlight pro-life work in your diocese, including pregnancy resource centers

**CHALLENGE:** Invite parishioners to join your diocese's pro-life email list

### CLERGY APPRECIATION MONTH

Share messages of gratitude for clergy, prayers for vocations, and even profiles of individual clergy members throughout the month!

### HALLOWEEN PREP

Share any info about Halloween/All Saint's Eve gatherings in your diocese

Provide parishioners with saint costume ideas and invite them to contribute

### FALL COLORS

**SHARE:** Encourage parishioners to share photos of beautiful fall colors this month

### NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH

Let your followers know that if they or someone they know suffers from domestic violence, they are not alone, and provide resources, especially to Catholic Charities or homes for abused women and children

### NATIONAL PIZZA MONTH


















**RESEARCH:** What's your bishop's perfect pizza?

# NOVEMBER 2025

## THE MONTH OF SOULS IN PURGATORY

Offer details about how the faithful can obtain an indulgence for souls in purgatory this month (cemetery visits, etc.)

 **SHARE:** Ask followers to share photos from any of their cemetery visits

SUN	MON	TUES	WED	THUR	FRI	SAT
						<b>1</b> <b>SOLEMNITY OF ALL SAINTS</b> Messaging should share inspiring stories of saints, offer prayers for their intercession, and encourage followers to emulate their virtues  <b>RESEARCH:</b> Do any saints have connections to your diocese?
<b>2</b> <b>THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED</b>  <b>SHARE:</b> Give followers the chance to share deceased friends and family that they want you to pray for	<b>3</b>	<b>4</b> <b>MEMORIAL OF ST. CHARLES BORROMEO</b>  <b>SHOUTOUT:</b> Highlight seminaries in your diocese—or, if none, those your seminarians attend  <b>RESEARCH:</b> Where did your bishop attend seminary, and what are his thoughts on it?	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> <b>NATIONAL CAPPUCCINO DAY</b>  <b>SHARE:</b> Ask your followers to share a photo of their go-to coffee drink and why they love it!
<b>9</b>	<b>10</b>	<b>11</b> <b>VETERANS DAY</b> Make the connection between military service and today's saint, Martin of Tours  <b>RESEARCH:</b> Is the diocese holding any special Masses or events for veterans today?	<b>12</b> <b>MEMORIAL OF ST. JOSAPHAT</b>  <b>SHOUTOUT:</b> Any Eastern Catholic communities in your diocese, on the feast of the first Eastern Catholic to be canonized by Rome	<b>13</b> <b>MEMORIAL OF ST. FRANCIS XAVIER CABRINI</b>  <b>RESEARCH:</b> Did today's saint found any hospitals or schools in your diocese or state—she founded many!	<b>14</b> <b>WORLD KINDNESS DAY</b>  <b>CHALLENGE:</b> Make an intentional act of kindness today	<b>15</b>
<b>16</b> <b>WORLD DAY OF THE POOR</b> Publish links to the Holy Father's related message this year  <b>CHALLENGE:</b> Urge your followers to serve with or donate to Catholic Charities in your diocese	<b>17</b> <b>MEMORIAL OF ST. ELIZABETH OF HUNGARY</b>  <b>SHOUTOUT:</b> Celebrate the Hungarian community in your diocese!	<b>18</b> <b>MEMORIAL OF ST. ROSE PHILIPPINE DUCHESNE</b> Calculate how far it would take to get to St. Rose's shrine in St. Charles, MO, from your diocesan cathedral  <b>ASK:</b> Are there any pilgrimages in the U.S. your followers are excited to go on?	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> <b>MEMORIAL OF ST. CECILIA</b>  <b>SHARE:</b> Ask parishioners to share their favorite Christian music OR what instrument they play!  <b>RESEARCH:</b> What's your bishop's favorite song?
<b>NATIONAL HUNGER AND HOMELESSNESS AWARENESS WEEK, NOVEMBER 17 — 23</b>  <b>SHOUTOUT:</b> Highlight the work of any Catholic homeless shelters or food pantries in the diocese						
<b>23</b> <b>SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE</b> Link to resources explaining the rhythms of the liturgical year ➔	<b>24</b> <b>MEMORIAL OF ST. ANDREW DŨNG-LAC AND COMPANIONS</b>  <b>SHOUTOUT:</b> Celebrate the Vietnamese community in your diocese! Share photos of Vietnamese-American Catholic culture	<b>25</b>	<b>26</b>	<b>27</b> <b>THANKSGIVING DAY</b> Offer prayers of thanksgiving, note the connection between thanksgiving and the Eucharist, and encourage followers to give thanks  <b>SHARE:</b> Invite followers to share photos of their family Thanksgiving!	<b>28</b>	<b>29</b>
<b>30</b> <b>FIRST SUNDAY OF ADVENT</b> Highlight readings from today's Mass, songs like <i>O Come, O Come Emmanuel</i> , and images of one purple Advent candle being lit						

**NATIONAL ADOPTION MONTH**

 **SHOUTOUT:** Catholic adoption organizations in your diocese


Highlight the need for adoption and encourage followers to consider it

**THANKSGIVING PREP**

Help followers get ready with everything from recipes to advice on how to manage difficult family dynamics!

 **SHARE:** Ask your followers to tell you what their Thanksgiving traditions/plans are!

**NATIONAL NOVEL WRITING MONTH**

 **SHARE:** Ask your followers if anyone is taking part in NaNoWriMo, or what they would write about if they drafted a novel

**ADVENT PREP**

Advent starts Nov 30, but help your parishioners prepare beforehand! Get them thinking about this special season that helps us get ready for Christmas. Highlight devotionals, tips for prayer, practice, etc.



# DECEMBER 2025

## THE MONTH OF THE COMING OF CHRIST

Constantly remind your people it's Advent with special prayers, imagery, Scripture readings, devotions (Jesse Tree, Nativity sets, etc.) and hymns, helping them to enter the contemplation of the season

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2	3	4	5	6
		<b>MEMORIAL OF ST. FRANCIS XAVIER</b> Share St. Francis Xavier's moving excerpt from today's Office of Readings <b>SHOUTOUT:</b> Highlight any missionary efforts or connections in your diocese	<b>INTERNATIONAL DAY OF PERSONS WITH DISABILITIES</b> Share images of people with disabilities participating in Catholic life in your diocese <b>SHOUTOUT:</b> Highlight the work of your diocesan ministry for persons with disabilities, or anything related			<b>MEMORIAL OF ST. NICHOLAS</b> <b>SHARE:</b> Ask parishioners to share any photos from St. Nick's visit to their house this morning!
<div>←  <b>SHARE:</b> Ask your followers to share their creations, too! Share Christmas cookie recipes every day of the week! →</div> <b>COOKIE CUTTER WEEK, DECEMBER 1 — 7</b>						
7	8	9	10	11	12	13
	<b>SOLEMNITY OF THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY</b> <b>SHOUTOUT:</b> Highlight any Marian-named parishes in your diocese  Remind folks it's a Holy Day of Obligation today, and provide info on how they can find Mass times in the diocese	<b>ASK:</b> Mary, the Immaculate Conception, is our national patroness. What other saint would you add as a co-patron?	<b>INTERNATIONAL HUMAN RIGHTS DAY</b> Provide some history on the connection between human rights and Catholic teaching <b>RESEARCH:</b> Are there any notable Catholic human rights lawyers in your area, defending things like the rights of migrants, religious liberty, or freedom of education?		<b>FEAST OF OUR LADY OF GUADALUPE</b> <b>ASK:</b> Where is Our Lady of Guadalupe the patroness of? (All the Americas, including the U.S., not just Latin America!)  Share how the population of Catholicism in the Americas has grown since her apparition!	<b>MEMORIAL OF ST. LUCY</b> <b>SHARE:</b> Encourage parishioners to highlight their favorite local bakeries
14	15	16	17	18	19	20
<b>HANUKKAH BEGINS</b> Share five quick facts about the connection between Catholicism and Judaism and/or any antisemitism efforts your diocese has taken					<b>NATIONAL UGLY CHRISTMAS SWEATER DAY</b> <b>SHARE:</b> Do your worst! Share a photo of yourself in your ugliest Christmas sweater!	
21	22	23	24	25	26	27
			<b>SOLEMNITY OF THE NATIVITY OF THE LORD</b> <b>RESEARCH:</b> Share any photos from your bishop's Christmases past (i.e., including when he was a kid) and wish Jesus a happy birthday	<b>FEAST OF ST. STEPHEN</b> <b>SHOUTOUT:</b> Highlight some of your diocesan deacons, or the head of the diaconate formation program  Share info on how to discern and pursue a vocation to the diaconate	<b>FEAST OF ST. JOHN THE EVANGELIST</b> <b>CHALLENGE:</b> Encourage followers to read the first chapter of John's Gospel	
28	29	30	31			
<b>FEAST OF THE HOLY FAMILY OF JESUS, MARY AND JOSEPH</b> Emphasize how family life is blessed and share practical tips for how our families can better emulate Jesus, Mary, and Joseph <b>SHARE:</b> Ask followers to share photos of their family, especially from Christmas celebrations		<b>CHALLENGE:</b> Encourage followers to end the year by discussing with family and friends how God has blessed them in 2025!  Remind people they can go to the vigil Mass for tomorrow's Holy Day of Obligation and share some locations				

### ART AND ARCHITECTURE MONTH

**RESEARCH:** Do you have any unique or important Catholic art or architecture in your diocese? Make sure to highlight it!

### HOLIDAY MOVIE MARATHON: APPROPRIATE MOVIES TO CELEBRATE THE SEASON

Ask parishioners to contribute ideas and then release the diocese's "definitive list" partway through the month

### SUNDAYS IN ADVENT

Share a video of the lighting of the next candle in the Advent wreath from your cathedral each Sunday

### YEAR IN REVIEW

Reflect on highlights and accomplishments of the past year in the diocese  
 **RESEARCH:** What was your most successful initiative in 2025?

### WINTER CLOTHING DRIVE













**CHALLENGE:** Raise awareness of local coat or other winter clothing drives and challenge parishioners to give what they don't need

# JANUARY 2026

## THE MONTH OF THE HOLY NAME OF JESUS


Every week, provide an additional insight into the significance of the name of Jesus, such as its meaning, *IHS*, and why it's considered holy

 **CHALLENGE:** Urge followers to start saying the "Jesus prayer"


SUN	MON	TUES	WED	THUR	FRI	SAT
				<b>SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD</b> <sup>1</sup>  <b>ASK:</b> Quiz parishioners on how long this has been a Holy Day of Obligation  <b>NEW YEAR'S DAY</b>  <b>ASK:</b> What are you most looking forward to in 2026?		
<b>SOLEMNITY OF THE EPIPHANY OF THE LORD</b> <sup>4</sup>  <b>RESEARCH:</b> Given this feast's connection to Christ's salvation to the entire world, provide some insights into the global footprint of Catholicism						<b>NATIONAL HOUSEPLANT APPRECIATION DAY</b> <sup>10</sup>  <b>SHARE:</b> Invite followers to snap some pictures of their favorite indoor plants!
<b>FEAST OF THE BAPTISM OF THE LORD</b> <sup>11</sup>  <b>SHARE:</b> Ask followers to share their own baptism date or ask them to research it!	<b>ORDINARY TIME STARTS</b> <sup>12</sup> Remind followers about how this time of year focuses on ordinary, daily growth in holiness		<b>ORTHODOX NEW YEAR</b> <sup>14</sup> Highlight ecumenical efforts with Orthodox Christian communities in your diocese			
	<b>MARTIN LUTHER KING JR. DAY</b> <sup>18</sup> Share the latest from the USCCB's ad-hoc Committee Against Racism, or from your own diocesan racial justice efforts	<b>MEMORIAL OF ST. SEBASTIAN</b> <sup>19</sup>  <b>SHARE:</b> Today we celebrate the patron of athletes, so share your favorite sport  <b>RESEARCH:</b> Did you bishop or any other diocesan officials play sports growing up?	<b>MEMORIAL OF ST. AGNES</b> <sup>21</sup> Share prayers for engaged couples with intercession to St. Agnes	<b>DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN</b> <sup>22</sup> Look to the USCCB and pro-life groups for resources to share on this important day	Underscore that pro-life is being pro-woman and pro-science  <b>CHALLENGE:</b> Encourage followers to donate/volunteer at local pregnancy resource centers	<b>MEMORIAL OF ST. FRANCIS DE SALES</b> <sup>24</sup>  <b>SHOUTOUT:</b> Highlight any Catholic journalist/communicators in your diocese on their patronal feast day
<b>WEEK OF PRAYER OF CHRISTIAN UNITY, JANUARY 18 — 25</b> Link to any resources for this week from the Vatican or USCCB. Ask chancery members to share any stories of friendships with non-Catholic Christians and feature them.						
			<b>MEMORIAL OF ST. THOMAS AQUINAS</b> <sup>27</sup> Note that Thomas Aquinas was a great theologian, but also composed beautiful prayers, such as <i>Tantum Ergo</i> and the prayer before study			<b>MEMORIAL OF ST. JOHN BOSCO</b> <sup>31</sup>  <b>SHOUTOUT:</b> Highlight the work of any Salesians in your diocese! And/or any groups inspired by St. John Bosco's charism to serve the youth.
<b>CATHOLIC SCHOOLS WEEK, JANUARY 25 — 31</b>  <b>SHOUTOUT:</b> All your Catholic schools! Think of creative ways to break them up and feature diverse groups throughout the week (i.e., by region or grade level, etc.)  <b>RESEARCH:</b> The number of schools, students, etc. in your diocese and how Catholic students are performing better than the national average						

### NATIONAL MENTORING MONTH


Recognize the impact of mentoring on individuals and communities

 **SHARE:** Give followers the chance to share their stories of positive mentors in their own lives

### NATIONAL HOBBY MONTH

 **RESEARCH:** Does your bishop or another diocesan official have a cool hobby? Share them throughout the month!













### RESOLUTIONS FOR SPIRITUAL GROWTH

 **CHALLENGE:** Ask followers to make one "spiritual resolution" in their list of goals for 2026

# FEBRUARY 2026

## THE MONTH OF THE PASSION OF JESUS CHRIST


Reflect on one of the Sorrowful Mysteries, one each week during this month, helping parishioners see Christ's love for them and their ability to unite to his sufferings. Share moving images of Christ in his passion, looking at us with love

SUN	MON	TUES	WED	THUR	FRI	SAT
1 <b>NATIONAL HEDGEHOG DAY</b>  <b>SHARE:</b> Ask your followers if they could invent an animal, what would it be? A combination of other animals or something completely random?	2 <b>FEAST OF THE PRESENTATION OF THE LORD/ WORLD DAY OF CONSECRATED LIFE</b>  <b>RESEARCH:</b> What role have consecrated virgins played in your diocese? Highlight this lesser-known vocation.	3 <b>MEMORIAL OF ST. BLAISE</b>  <b>RESEARCH:</b> When is the cathedral offering a throat blessing?  Share the text of the traditional St. Blaise prayer	4	5 <b>MEMORIAL OF ST. AGATHA</b>  Share prayers for those suffering from breast cancer, connecting them to the intercession of St. Agatha	6	7
8 <b>INTERNATIONAL DAY OF PRAYER &amp; AWARENESS AGAINST HUMAN TRAFFICKING</b>  Share facts and stats about the scourge of human trafficking  <b>CHALLENGE:</b> Invite parishioners to sign up for newsletters from groups combating human trafficking	9	10 <b>MEMORIAL OF ST. SCHOLASTICA</b>  <b>SHOUTOUT:</b> Highlight the work of any Benedictine sisters in your diocese  <b>SHARE:</b> Invite parishioners to share photos of them and their siblings. Bonus points for any twins!	11	12	13 <b>VALENTINE'S DAY</b>  Celebrate love in all its forms, including romantic love, familial love, and love for friends and neighbors  Opportunity to share the true story of St. Valentine	14 <b>MEMORIAL OF STS. CYRIL &amp; METHODIUS</b>  <b>SHOUTOUT:</b> Highlight any Catholic communities with Slavic roots in your diocese (Polish, Slovakian, Ukrainian, etc.)
<b>NATIONAL MARRIAGE WEEK, FEBRUARY 7 — 14</b> Share resources from the USCCB throughout this week, encouraging those preparing for this vocation and providing helpful advice to those living it out Share photos of wedding Masses  <b>RESEARCH:</b> When is the next married couples' retreat in your diocese?						
15 <b>PRESIDENTS' DAY</b>  Messaging should reflect on the virtues of leadership and service  <b>ASK:</b> How many Catholic presidents have there been?	16 <b>RAMADAN BEGINS</b>  Share Church teaching on Islam and highlight any Christian-Muslim interfaith efforts in your diocese	17 <b>ASH WEDNESDAY</b>  Use images of ash crosses, quotes about dust, etc.  <b>SHARE:</b> Ask followers to share their Ash Wednesday selfie if they want	18	19	20	21
<b>RANDOM ACTS OF KINDNESS WEEK, FEBRUARY 15 — 20</b>  <b>CHALLENGE:</b> Encourage parishioners to make a random act of kindness each day of this week! (Provide a graphic with some ideas) Provide a scriptural defense of kindness, which is sometimes wrongly dismissed as a secular virtue, not a Catholic one						
22	23	24	25 <b>TELL A FRIEND ABOUT YOUR FAITH DAY</b>  <b>CHALLENGE:</b> Embrace today's theme and simply share with a friend about your Catholic faith! Sometimes important things come from small convos...	26	27	28


### RESPONSIBLE PET OWNERSHIP MONTH

-  **SHARE:** Ask your followers to share photos of their pets!
-  **RESEARCH:** Do any of your chancery employees or priests have a pet? Ask them to share a photo with their pet and how they live out responsible ownership.

### BLACK HISTORY MONTH

- Highlight Black American Catholics currently being considered for canonization (i.e., Augustus Tolton, Julia Greeley)
-  **SHOUTOUT:** The Black Catholic community in your diocese, especially any historically Black Catholic parishes!

### WINTER PHOTOGRAPHY

-  **SHARE:** Encourage parishioners to share photos of the winter landscape













### LENTEN PREP

Lent starts on February 18 but encourage your followers to prep throughout February! Share advice on how to do penance well, striking the balance between challenge and sustainability.


# MARCH 2026

## THE MONTH OF ST. JOSEPH

Share titles of St. Joseph throughout the month, providing a bit of context for each one (i.e., Terror of Demons)  
Include compelling images of fatherhood and men at work

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
	<b>READ ACROSS AMERICA DAY</b>  <b>CHALLENGE:</b> If they're not reading anything, encourage followers to start reading a new book today	<b>COMM. OF ST. KATHARINE DREXEL</b>  <b>SHOUTOUT:</b> Highlight any local Catholic philanthropists or foundations, connecting them to today's patroness		<b>EMPLOYEE APPRECIATION DAY</b> Show gratitude and dedication for parish and diocesan employees	<b>NATIONAL MIDDLE NAME PRIDE DAY</b>  <b>SHARE:</b> Ask followers to share their middle name and the story behind it!  <b>RESEARCH:</b> What's your bishop's middle name?	<b>GLOBAL DAY OF UNPLUGGING</b>  <b>CHALLENGE:</b> With exceptions for work and family needs, ask your followers to go cold turkey! No tech for a day from Sunday Friday to Saturday! Use the time to connect with God and others.
8	9	10	11	12	13	14
	<b>COMM. OF ST. FRANCES OF ROME</b> Identify the closet Benedictine monastery and how to become a Benedictine oblate, like St. Frances					<b>PI DAY</b> Explore the beauty of mathematics and its connection to  <b>ASK:</b> How many digits of Pi can you list out?
15	16	17	18	19	20	21
		<b>COMM. OF ST. PATRICK</b>  <b>SHOUTOUT:</b> Celebrate the Irish Catholic community in your diocese! Use images of Irish culture, but also St. Patrick and make sure to tell his story today	<b>COMM. OF ST. CYRIL OF JERUSALEM</b>  <b>SHARE:</b> Ask followers if they've been to the Holy Land/Jerusalem and to share a pic if they have!	<b>SOLEMNITY OF ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY</b>  <b>SHOUTOUT:</b> Celebrate the Italian Catholic community in your diocese, who have a special devotion to Joseph		<b>FIRST DAY OF SPRING</b>  <b>SHARE:</b> Ask followers to share photos of any signs of spring life!
22	23	24	25	26	27	28
			<b>SOLEMNITY OF THE ANNUNCIATION OF THE LORD</b> Offer a prayer for all expectant mothers  <b>ASK:</b> In the Lord of the Rings universe, what happened on this day Share beautiful artwork of the Annunciation, explaining its meaning			
29	30	31				
<b>PALM SUNDAY OF THE PASSION OF THE LORD</b>  <b>CHALLENGE:</b> Ask parishioners to put together a Holy Week game plan to ensure they get the most of this special time of year Images of palms, of Christ on the donkey, etc.	<b>DOCTORS' DAY</b>  <b>SHOUTOUT:</b> Highlight good Catholic doctors in your diocese Share a prayer for doctors					

### MONTH OF FINAL PREPARATIONS FOR THOSE ENTERING THE CHURCH AT EASTER

Create a catechetical series of posts describing the OCIA journey  
 **RESEARCH:** How many people are coming into the Church in your diocese this year?

### LENT CONTINUES

Provide periodic check-ins on how people's Lent is going, offering encouragement, devotional ideas (Stations of the Cross), advice on how to renew Lenten promises, and themes from Scripture

### WOMEN'S HISTORY MONTH

Highlight the contributions of women to the Church and society  
Share photos of female saints or local Catholic leaders  
Pull from John Paul II's teaching on the [dignity of women](#)

### NATIONAL NUTRITION MONTH

Connect how taking loving care of our bodies is part of being a good steward  
Share lots of images of healthy, nutritious foods












### MARCH MADNESS

Track the Catholic colleges competing in the NCAA Basketball Tournament are!  
 **SHARE:** Ask followers who their pick is to win it all!

# APRIL 2026

## THE MONTH OF THE HOLY SPIRIT


Share the "Come Holy Spirit" and other related prayers and facts about the third person of the Trinity throughout the month

SUN	MON	TUES	WED	THUR	FRI	SAT
			1 <b>CHRISM MASS</b> Publish multiple posts about this tradition of unity between the bishop and his presbyterate Using the #ThrowbackThursday hashtag, use older images of previous Chrism z celebrations [Move as needed]	2 <b>HOLY THURSDAY</b> Emphasize Christ's institution of the Eucharist, a sacrament of his enduring presence Share about any special parish devotions (or Tenebrae observances) in your diocese this evening	3 <b>GOOD FRIDAY</b> Share a video from your cathedral's Good Friday service: "Behold the wood of the cross." Post something short and somber, encouraging your people to spend time in silence and prayer	4 <b>HOLY SATURDAY</b> Share the moving Office of Readings selection from today Give advice on how to observe this "in between" day
5 <b>EASTER SUNDAY OF THE RESURRECTION OF THE LORD</b>  <b>SHARE:</b> Ask parishioners to share photos from their Easter celebration! He is risen! Share any video or photos you have of the Easter Vigil the night before.	6	7 <b>NATIONAL BEER DAY</b>  <b>SHARE:</b> Have parishioners share their favorite beer and/or their favorite spot in the diocese for a good one! Note the connection between brewing and monastic life, and point out how the Catholic faith welcomes well-ordered celebrating	8	9	10 <b>NATIONAL SIBLINGS DAY</b>  <b>RESEARCH:</b> Does your bishop have siblings? Share a photo of them altogether if you can	11
<div>← <b>EASTER OCTAVE, APRIL 5 — 12</b> →</div> <div>Remind followers that Easter is a whole Octave—meaning they can celebrate like it's Easter Sunday every day of the week! Include a prayer for each day of the octave Use this as a catechetical opportunity to talk about the "double perfection" of an octave</div>						
12 <b>DIVINE MERCY SUNDAY</b>  <b>CHALLENGE:</b> Encourage your followers to learn and pray the Divine Mercy Chaplet at 3 PM on this day! Share an illustration of the Divine Mercy image	13	14	15	16	17	18
19	20	21 <b>MEMORIAL OF ST. ANSELM</b>  <b>ASK:</b> St. Anselm coined the phrase, " <i>Fides quaerens intellectum</i> ." What does it mean?	22 <b>NATIONAL ADMINISTRATIVE PROFESSIONALS DAY</b>  <b>SHOUTOUT:</b> Celebrate admin professionals at the diocesan and parish level!	23 <b>MEMORIAL OF ST. GEORGE</b>  <b>ASK:</b> St. George is the patron of England. What is England's Marian nickname?	24	25
<div>← <b>NATIONAL VOLUNTEER WEEK, APRIL 19 — 25</b> →</div> <div> <b>CHALLENGE:</b> Encourage parishioners to commit to volunteer somewhere over the upcoming months, and give them a list of ideas (homeless shelters, teaching RCIA, etc.)  <b>SHOUTOUT:</b> Celebrate volunteers at your parishes and in your diocese!</div>						
26	27	28 <b>MEMORIAL OF ST. LOUIS-MARIE GRIGNON DE MONTFORT</b> Share with your parishioners about St. Louis' consecration to Mary	29 <b>MEMORIAL OF ST. CATHERINE OF SIENA</b>  <b>RESEARCH:</b> Identify what Dominican province you're in and how people in your diocese can become third order Dominicans, like St. Catherine  <b>ASK:</b> St. Catherine helped the papacy come back to Rome. Where had it been?	30		

### NATIONAL POETRY MONTH

Share occasional poems by Catholic poets, like Gerard Manley Hopkins, G.K. Chesterton, and Joyce Kilmer

### NATIONAL CHILD ABUSE PREVENTION MONTH

 **RESEARCH:** What steps has your diocese taken to prevent abuse? Share relevant resources at appropriate times this month.

### NATIONAL LAWN AND GARDEN MONTH

 **SHARE:** Ask parishioners to share photos from their yard, especially if they have big plans for their lawn or garden this year!

### SPRING TIDINGS

 **SHARE:** Encourage followers to share photos of animals, flowers blooming, leaves on the trees and any other encouraging signs of spring!