

Prayer to St. Dymphna



Prayer: Wise and diligent St. Dymphna, you found yourself in peril in your young life having suffered the death of your dear mother and the wrath of your father. Orphaned and in flight you took shelter in the wings of your Heavenly Father.

Under your protection and care, many people with mental illness have been consoled and nurtured toward better health and healing. Look kindly on the needs of all who struggle today with mental and emotional problems. Be their source of strength and hope. Help them to know and understand that nothing can separate them from the love of God that comes through Jesus Christ, our Lord and Savior. Amen.

“Chapter 2” *Welcomed and Valued: Building Faith Communities of Support and Hope with People with Mental Illness and Their Families*, National Catholic Partnership on Disability, 2009, pp. 57-73

