

Sensory Friendly Mass Video Script for Training

Recording available here: <https://venue.streamspot.com/video/e7df54c94d>

Liturgical roles filled by people with disabilities	<p>Position 14:54</p> <ul style="list-style-type: none"> • server is young man with autism <p>Position 21:30</p> <ul style="list-style-type: none"> • Lector 1 person who is blind reading from braille text <p>Position 37:07</p> <ul style="list-style-type: none"> • Lector 2 person who is deaf and ASL interpreter available for voicing during prayer intentions.
Hospitality Ministers	<p>Use people with disabilities in this role if possible, and make sure they are well versed in explaining the mass and inform people of sensory support resources available.</p> <p>Position 10:56 -11:10</p> <ul style="list-style-type: none"> • can hear one of our hospitality ministers <p>Position 53:45</p> <ul style="list-style-type: none"> • one of ushers during communion was a young man with autism.
Announcement at Beginning of Mass	<p>Position 11:27</p> <ul style="list-style-type: none"> • Made prior to the mass so all in the congregation are aware of the unique nature of the sensory-friendly mass. • Include a sign on the church door noting this mass is different than other parish masses. • Weeks leading up to mass do bulletin announcements about nature of this mass so others know what to expect. <p>Position 59:08</p> <ul style="list-style-type: none"> • Thank you at end for those who served in roles.
Children’s Liturgy/Readings	<p>21:30 First Reading 28:30 Gospel</p> <p>Use of Children’s Lectionary since this was scheduled as an extra weekend mass. If a weekend mass, regular weekend liturgical readings are utilized. If no second reading in the Children’s lectionary for that Sunday, use the regular 2nd reading.</p>
Homily	<p>Position 30-35:</p> <ul style="list-style-type: none"> • Simpler language • Shortened in length • Interactive • Practical • Tangible, consider using a visual prop • Literal
Liturgy	<p>Position: 30:00 & 35:00</p> <ul style="list-style-type: none"> • The liturgy has natural pauses, intended for silent prayer and contemplation by the people. Take full advantage of these opportunities in order to allow the community time for recollection, even if these are not moments of silence!

	<ul style="list-style-type: none"> Liturgy coordinators and presider should discuss the possibility of stopping if the situation warrants in order to allow the community to express itself. <p>Position 35:50</p> <ul style="list-style-type: none"> Use of Baptism Promises for Profession of Faith or Apostles Creed (shorter) only during the Easter Season. Otherwise recommend using Nicene Creed as text more familiar to a congregation. <p>Position 41:30</p> <ul style="list-style-type: none"> A family with a young adult child with disabilities brought up the gifts. <p>Position 51:10</p> <ul style="list-style-type: none"> Sign of Peace, invite other to use ASL sign of peace (woman down in front in center of picture)
Tools: Picture Missals, fidgets, noise cancelling headphones	<p>Position 8:18</p> <ul style="list-style-type: none"> Invite use of ASL signs during mass for movement. <p>Position 27:54</p> <ul style="list-style-type: none"> bottom left noise cancelling head phones <p>Position 31:23</p> <ul style="list-style-type: none"> silicone rosary that can be used for prayer and as fidget tool. <p>Position 1:59:01</p> <ul style="list-style-type: none"> bottom right, picture missal
Music	<p>Position 14:18, 41:00, 54:07, 1:00:46</p> <ul style="list-style-type: none"> softer, and possibly slower tempo use of guitar or soft instrumentation or acapella music, no sudden increases in volume fewer verses songs familiar to all and easy to sing.
Lighting	<p>Beginning—softer lighting naturally happened at the Cathedral. If there is not enough natural light in the liturgical space, consider candles or book lights to allow the ministers to see the texts.</p>
Calming/Quiet area for if behavior comes to disruptive	<p>Position 8:13</p> <ul style="list-style-type: none"> Made mention during announcement of locations at the cathedral of entrance at back of church and courtyard area to the west. An inside room with calming resources, if possible. (weighted blanket, quiet lights, soft pillow/chair, etc.)