

Iowa Methodist Occupational Health & Wellness

Medical Care for Work-Related Injuries

If You are Injured on the Job:

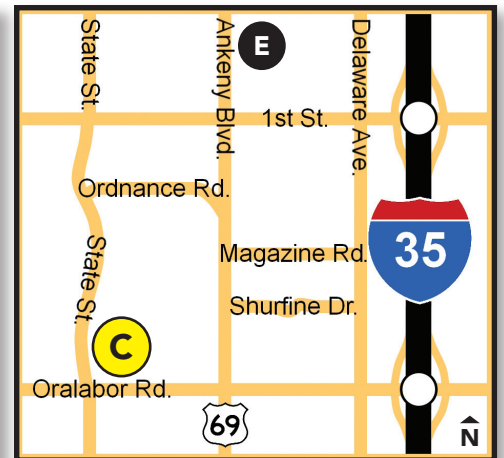
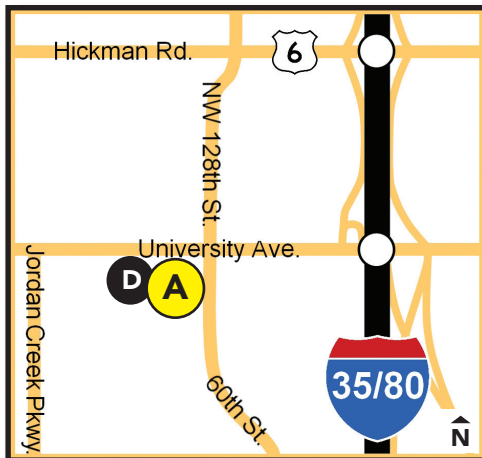
Contact the nearest Iowa Methodist Occupational Medicine clinic. After 5:00 p.m. and on weekends, visit an alternate treatment location listed below. For medical emergencies 24 hours a day, 7 days a week, visit Iowa Methodist Medical Center at 1200 Pleasant Street, Des Moines, IA 50309, phone 515-241-6213.

Monday – Friday, 8 a.m. – 5 p.m.

A **Iowa Methodist Occupational Medicine - West**
(515) 241-2020
Fax: (515) 241-2040
Lakeview Medical Park
6000 University Ave., Suite 124
West Des Moines, IA 50266

B **Iowa Methodist Occupational Medicine - East**
(515) 262-7619
Fax: (515) 262-8554
Penn Medical Place
1301 Pennsylvania Ave., Suite 416
Des Moines, IA 50316

C **Iowa Methodist Occupational Medicine - Ankeny**
(515) 964-6974
Fax: (515) 964-6986
Family Physicians at Prairie Trail
2515 SW State Street, Suite 200
Ankeny, IA 50023



After Hours and Weekends (Injury Care Only)

D **Lakeview Family Physicians**
(515) 241-2600
6000 University Ave., Ste. 101
West Des Moines, IA 50266
Weekdays, 5 p.m. - 8 p.m.
Weekends, 9 a.m. - 3 p.m.

E **Ankeny Clinic Urgent Care**
(515) 964-4600
1105 N. Ankeny Blvd., Ste. 100
Ankeny, IA 50023
Weekdays, 5 p.m. - 8 p.m.
Weekends, 9 a.m. - 3 p.m.

Merle Hay Urgent Care
(not shown on maps)
(515) 278-0949
4020 Merle Hay Road, Suite 100
Des Moines, IA 50310
Weekdays, 5 p.m. - 8 p.m.
Weekends, 9 a.m. - 3 p.m.

Your Injury Treatment Plan:

- You and your employer receive a written summary explaining your injuries and treatment plan.
- If work restrictions are necessary, your employer is notified.
- Treatment received at our alternate locations may require follow-up at our occupational medicine clinic.
- Our physicians may refer you to a specialist, such as a physical therapist or orthopedic surgeon.
- Your employer receives frequent updates and helps coordinate your return to work when medically appropriate.



UnityPoint Health
Des Moines