

DIOCESE OF DES MOINES
Catholic Schools Policies/Regulations

STUDENT PERSONNEL

Brain Injuries

It shall be the policy of the Diocese of Des Moines Catholic Schools Board that all schools which enroll students in grades 7 through 12 or fraction thereof shall annually provide to the parent or guardian of each student that participates in an interscholastic activity in which a concussion or brain injury could occur a Concussion and Brain Injury Information sheet, as provided by the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union. The student and the student's parent or guardian shall sign and return the Concussion and Brain Injury Information Sheet to the student's school prior to the student's participation in an interscholastic activity for grades seven through twelve.

If a student's coach or contest official observes signs, symptoms, or behaviors consistent with a concussion or brain injury in an extracurricular interscholastic activity, the student shall be immediately removed from participation.

A student who has been removed for participation shall not recommence such participation until the student has been evaluated by a licensed health care provider trained in the evaluation and management of concussions and other brain injuries and the student has received written clearance to return to participation from the health care provider.

If a student that has been removed from a contest has been checked by a licensed health care provider and received written clearance from the licensed health care provider during the same contest, the student may return to participate in the activity.

A "licensed health care provider" means a physician, physician assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or athletic trainer licensed by a board designated under section 147.13.

"Interscholastic activity" means any extracurricular interscholastic activity, contest or practice, including sports, dance or cheerleading.

Policy Adopted: May 16, 2011

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