



EUCCHARISTIC HOLY HOUR FOR VOCATIONS



DIOCESE OF DES MOINES
VocationsOnline.org

EXPOSITION HYMN:

O Saving Victim opening wide
The gate of heaven to all below.
Our foes press on from every side;
Thine aid supply, Thy strength bestow.

To Thy great name be endless praise
Immortal Godhead, One in Three;
Oh, grant us endless length of days,
In our true native land with Thee.
Amen.

O Salutaris hostia,
Quae caeli pandis ostium,
Bella praemunt hostilia:
Da robur, fer auxilium.

Uni trinoque Domino
Sit sempiterna gloria:
Qui vitam sine termino,
Nobis donet in patria.
Amen.

OPENING PRAYER:

O Jesus, Lord of the harvest, behold us kneeling before Your Eucharistic presence begging You to cast a look of mercy upon our poor world. The harvest indeed is great but the laborers are few. Send therefore, laborers into Your harvest. Repeat anew to modern youth the loving invitation to “*Come follow Me.*” Remind them, and their parents, that those who love father and mother more than You are not worthy to be Your disciples. Encourage them with the promise that those who leave all for Your sake will receive a hundredfold in this world, and in the life to come. Console them with the words so often spoken to the apostles: “*Fear not*”. Place in their hearts a spark of the fire of love which You came to cast upon the earth. Grant that it may enable them to enlighten the darkness of error and warm the coldness of sin by fulfilling Your last command: “*Go into the whole world and preach the Gospel to the ends of the earth.*”
All: Amen.

GOSPEL READING: (JOHN 1:35-39)

The next day, John again was standing with two of his disciples; and he looked at Jesus as he walked, and said, “Behold the Lamb of God!” The two disciples heard him, and they followed Jesus. Jesus turned, and saw them following, and said to them, “What do you seek?” And they said to Him, “Rabbi, (which means Teacher), “Where are You staying?” He said to them, “Come and see.” They came and saw where He was staying; and they stayed with Him that day, for it was about the tenth hour.

SILENT REFLECTION/SPIRITUAL READING:

Take time to reflect prayerfully upon this Gospel passage or some other spiritual reading.

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## ROSARY FOR VOCATIONS:

The **Luminous Mysteries** are prayed while reflecting on them as “**Mysteries of Vocation**”, imploring the Immaculate Heart of Mary for an increase of vocations to the priesthood and to the consecrated religious life within the Church.

(1) Reflecting on the mission of John the Baptist being fulfilled as he **Baptizes the Lord**, the presence of the Father who is well pleased, and the power of the Holy Spirit who compels Jesus into His mission, all hold truth for meditating on one’s vocation. This mystery reinforces the essential significance of the mission of every Christian as their most personal of all gifts. Hearts closed to the call of the Lord will not know their mission, nor will they reach their fulfillment as persons made in God’s image, the image of Christ who was sent by the Father.

(2) The **Mystery of the Wedding Feast at Cana** draws our attention to the need for obedience to the voice of the Lord. Once His call is heard action is required. Our Blessed Mother clearly says to “*Do whatever He tells you.*”

(3) Faithful obedience to the Lord’s call establishes the Christian firmly in union with Jesus in the **Proclamation of the Kingdom**. This mystery can be prayed with the desire to know the charism through which one is to fall in love with Christ, and to know the apostolate in which one is to serve Him and His Church.

(4) The **Mystery of the Transfiguration** increases our confidence in the reality of Christ Who is calling us to embrace our vocation. He is divine, He is glorified, and trust runs deeply through the soul of anyone who may hesitate in fear at the knowledge of their vocation. It is Christ who comes and touches Peter, James and John after the glorious vision and says, “*Do not be afraid*”. Jesus calls us. He strengthens our call and He sustains us with love in our call.

(5) Jesus promises to be with us always and remains divinely present in the soul of every baptized person. He calls us as persons, body and soul, to a life of love totally given to another. In the *Mystery of the Eucharist*, Jesus is both Giver and Gift. In giving us His Body, Blood, soul and divinity, He shows the example of humble service and selfless gift. Through the Eucharist, He quickens and perfects our own attraction to love others, as He loves us.

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## **DEVOTIONAL PRAYERS:**

### **Acts of Faith**

**All: My God,/ I firmly believe that You are one God in three Divine Persons,/ Father, Son and Holy Spirit./ I believe that Your divine Son became man and died for our sins,/ and that He will come to judge the living and the dead./ I believe these and all the truths which Your holy Catholic Church teaches / because You have revealed them,/ Who can neither deceive nor be deceived./**

### **Act of Hope**

**All: My God,/ relying on Your almighty power and infinite mercy,/ I hope to obtain the pardon of my sins, the assistance of Your grace,/ and life everlasting/ through the merits of Jesus Christ,/ my Lord and Redeemer./**

### **Act of Love**

**All: My God,/ I love You above all things with my whole heart and soul,/ because You are all good/ and worthy of all my love./ I love my neighbor as myself/ for the love of You./ I forgive all who have injured me/ and I ask pardon of all whom I have injured./**

## INTERCESSORY PRAYERS:

Lord Jesus Christ, model of all perfection, You not only urge souls to strive toward this lofty goal, but also move them by the power of Your grace to follow You in this exalted path. Grant that many may hear and willingly obey Your loving inspiration and embrace their vocation to priesthood, diaconate or consecrated religious life, where they will enjoy Your special grace and tender care.

- ◆ Grant that there may never be lacking devoted men to take Your place at the altar proclaiming Your Gospel and offering Your Body and Blood for the salvation of the world. We pray to the Lord.  
**All: Lord, hear our prayer.**
- ◆ Grant that there may never be lacking devoted servants to guide the orphan, to console the sick and suffering, and to comfort the old and infirmed. We pray to the Lord.  
**All: Lord, hear our prayer.**
- ◆ Grant that in classrooms the voices of those who teach may echo Your own, pointing out the way to heaven and the duties incumbent on each and all. We pray to the Lord.  
**All: Lord, hear our prayer.**
- ◆ Grant that no land, however distant or inhospitable, may be deprived of the Gospel that invites all men to enter Your kingdom. We pray to the Lord. **All: Lord, hear our prayer.**
- ◆ Grant that in every part of the world choice souls may flourish—souls that by contemplation and penance offer reparation for the sins of mankind and draw down Your infinite mercy and forgiveness. We pray to the Lord. **All: Lord, hear our prayer.**

O Lord, enlighten many generous hearts with the ardent rays of Your Holy Spirit and by the powerful intercession of Your most loving mother, Mary, enkindle and sustain the fervor of Your love in these hearts so they may offer themselves in service to You as a priest, deacon or consecrated religious for the glory of the Father, and of the Son and of the Holy Spirit.

**All: Amen.**



## ***Diocese of Des Moines Vocation Prayer***

Lord Jesus Christ, son of the living God, give to the people of the diocese hearts open to the call of your Holy Spirit.

Help us work together with Richard, our Bishop,  
to cultivate a culture of vocation.

Inspire our young people to give generously of themselves and the  
courage to follow their vocation in life.

In the spirit of faith, love, and sacrifice, help our parents rejoice  
when their children are called in service of your Church.

May the parishes of southwest Iowa support those called to  
priesthood, diaconate, lay ministry, and consecrated life.

Sustain our faith which calls us  
to walk in the footsteps of Christ.

***Mary, Queen of Heaven and Earth,  
Patroness of our Des Moines Diocese, pray for us.***

***Amen.***



**St. Francis of Assisi,  
St. Clare,  
St. Bernard,  
St. Theresa,  
St. Francis De Sales,  
St. Peter,  
St. Timothy,  
St. Anne,  
St. John Vianney,  
Sts John and Paul,  
St. Cecilia,  
St. Columbanus,  
St. Michael,  
All Saints,**

**pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.  
pray for us.**

Lamb of God, you take away the sins of the world,

**spare us, O Lord.**

Lamb of God, you take away the sins of the world,

**spare us, O Lord.**

Lamb of God, you take away the sins of the world,

**have mercy on us.**

Pray for us, O holy Mother of God,

**that we may be made worthy of the promises of Christ.**

Heavenly Father,/ bless our diocese with the grace of many vocations to the priesthood, diaconate and consecrated religious life./ Through the intercession of the Blessed Mother,/ grant to those You have called/ the willingness and generosity of spirit/ to give of themselves/ in devoting their lives/ and their talents/ to the service of our Lord/ and to His Church./ Increase the faith of all within our diocese,/ and particularly the faith of those You have called/ and will continue to call./ We ask this through Christ, Your Son./ Amen./





*“Behind and before every vocation to the priesthood or to the consecrated life there is always the strong and intense prayer of someone: a grandmother, a grandfather, a mother, a father, a community...this is why Jesus said, ‘Pray therefore to the Lord of the harvest,’ that is God the Father, ‘to send out laborers into his harvest.’” Pope Francis*

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## **BENEDICTION HYMN:**

Down in adoration falling,  
Lo! The Sacred Host we hail.  
Lo! o'er ancient forms departing,  
Newer rites of Grace prevail:  
Faith for all defects supplying,  
Where the feeble senses fail.

To The Everlasting Father  
And The Son Who reigns on high,  
With The Spirit blessed proceeding  
Forth, from Each eternally,  
Be salvation, honor, blessing,  
Might and endless majesty.  
Amen.

Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui:  
Praestet fides supplementum  
Sensuum defectui.

Genitori, Genitoque  
Laus et jubilatio,  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio.  
Amen.

## INVITATION:

You have given them Bread from heaven. (T.P. Alleluia)

**Having all sweetness within it. (T.P. Alleluia)**

Let us pray.

Lord Jesus Christ, You gave us the Eucharist as the memorial of Your suffering and death. May our worship of this sacrament of Your body and blood help us to experience the salvation You won for us and the peace of the kingdom where You live with the Father and the Holy Spirit, one God, for ever and ever.

**All: Amen.**

Panem de caelo praestitisti eis. (T.P. Alleluia)

**Omne delectamentum in se habentem. (T.P. Alleluia)**

Oremus.

Deus, qui nobis sub sacramento mirabili, passionis tuae memoriam reliquisti: tribue, quaesumus, ita nos corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuae fructum in nobis iugiter sentiamus. Qui vivis et regnas in saecula saeculorum.

**All: Amen.**

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## DIVINE PRAISES:

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste Spouse.

Blessed be God in His angels and in His saints.

*As the celebrant is leaving the following or another suitable hymn may be sung.*

Holy God, we praise thy name;  
Lord of all, we bow before thee;  
All on earth thy scepter claim;  
All in heaven above adore thee.  
Infinite thy vast domain,  
Everlasting is thy reign!  
Infinite thy vast domain,  
Everlasting is thy reign!

Hark, the loud celestial hymn;  
Angel choirs above are raising;  
Cherubim and Seraphim,  
In unceasing chorus praising,  
Fill the heavens with sweet accord:  
Holy, holy, holy, Lord!  
Fill the heavens with sweet accord:  
Holy, holy, holy, Lord!





If you think the Lord may be calling you to explore the possibility of becoming a priest or consecrated religious, or if you would like information on the Diocese of Des Moines men's or women's discernment groups, please contact:

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